

# Extra Good Stuff



Avon residents can borrow donated medical equipment while recuperating from surgery or an injury. Residents need to call the Senior Center to check inventory before coming in to fill out an equipment loan sheet. Please do not drop in to pick up equipment as this can not be accommodated.

## FUNDRAISING WITH THE ROCK PILE 900 NAGEL RD. IN AVON



- ✓ Shop at The Rock Pile
- ✓ Tell them you are part of the Avon Senior Center when you check out
- ✓ The Senior Center receives 5% of total purchases!



STARTING JUNE 1 WE WILL  
BEGIN SUMMER OFFICE HOURS.  
OUR SUMMER HOURS WILL BE  
8:30AM-4:30PM ~ MONDAY-FRIDAY.  
THE TRANSPORTATION PROGRAM HOURS  
WILL REMAIN THE SAME.



## NEWSLETTER VOLUNTEER SIGN-UPS

Special thanks to our wonderful group of folks who get together for a few hours every other month to fold, seal, and address the newsletter. \* If you would like to sign up to be a newsletter volunteer, please call the Senior Center and sign up for every month you would like to volunteer. We can have up to 25 volunteers per month and you may sign up for up to 2 months at a time. \*



**SNACKS SPONSORED BY BUSCH FUNERAL AND  
CREMATORY SERVICES EVERY MONTH.**

AUGUST/SEPTEMBER

2015



# AVON SENIOR CENTER

36786 DETROIT ROAD



# THE SENIOR BUZZ



**BRYAN K. JENSEN, MAYOR**

**SENIOR CENTER COORDINATOR**

Carmelina Barbera, MPA  
(440) 934-2417 Office  
(440) 934-2421 FAX  
carmelina@cityofavon.com

**TRANSPORTATION PROGRAM**

Caryn Tovtin, Scheduler  
(440) 934-7433 Office

Mike Kerecz, Driver  
Ed Mantin, Driver  
Nancy Gelston, Driver  
Annmarie Nyikes, Driver

**FACILITY & MAINTENANCE**

Mario Volpe

**DESK RECEPTIONIST**

Sandy Palmieri  
spalmieri@cityofavon.com

## COORDINATOR'S COMMENTS

PLEASE JOIN ME IN THANKING JEANNE MCFARLAND, VENLA URIG AND PEARL OLEARCIK FOR PLANTING ALL THE FLOWERS AROUND THE SENIOR CENTER THIS YEAR. THEY ARE ALWAYS SUCH A COLORFUL ADDITION TO OUR LANDSCAPE AND THESE LADIES DO A GREAT JOB CHOOSING AND PLANTING A BEAUTIFUL VARIETY OF BLOOMS FOR US. WE ARE VERY APPRECIATIVE OF YOU AND YOUR TIME FOR THIS PROJECT EVERY YEAR. ADDITIONALLY I WOULD LIKE TO THANK PEARL OLEARCIK FOR HER SERVICE AS VICE PRESIDENT ON THE AVON SENIORS, INC BOARD. SPECIAL THANKS ALSO TO EILEEN NIEDBALSKI FOR HER YEARS OF SERVICE TO THE TRANSPORTATION PROGRAM OF THE AVON SENIOR CENTER. WE WISH YOU BOTH LUCK AND SUCCESS IN YOUR FUTURE ENDEAVORS.

WELCOME BACK CARYN TOVTIN! CARYN USED TO DRIVE FOR US SOME TIME AGO AND ALWAYS WANTED TO RETURN IF THE OPPORTUNITY AROSE. SHE IS NOW OUR TRANSPORTATION SCHEDULER AND IS EXCITED TO BE BACK WITH THE SENIORS. STOP IN AND SAY HELLO! WE ARE ALSO EXCITED ABOUT THE ACTIVITIES COMING UP OVER THE NEXT FEW MONTHS; WE WILL HAVE ANOTHER LORAIN COUNTY METRO PARKS BUS TRIP, PIE & TRIVIA, MONTHLY PIZZA PARTIES, MUSIC BINGO, AND MUCH MORE. WE ARE STARTING A WALKING GROUP ON THURSDAY MORNINGS, AND HAVE ADDED A CLEVELAND PART 5 TO OUR TRIP PROGRAM! I AM ALSO HOSTING A COFFEE WITH THE COORDINATOR EVENT ON THURSDAY, AUGUST 13 AT 11:00AM. THIS WILL BE A CASUAL ENVIRONMENT TO TALK ABOUT VARIOUS THINGS HAPPENING AT THE SENIOR CENTER, AS WELL AS ALLOW FOR AN OPEN FORUM TO DISCUSS IDEAS AND ASK QUESTIONS. ADDITIONALLY, PLEASE JOIN US ON WEDNESDAY, AUGUST 19 FOR OUR ANNUAL PICNIC! THIS YEAR'S EVENT WILL BE HELD AT THE LAKE HOUSE AT VETERAN'S MEMORIAL PARK IN AVON LAKE. COST FOR A BOXED LUNCH IS \$7 PER PERSON AND INCLUDES DESSERT AND COLD BEVERAGES. WE CAN ENJOY THE WARM BREEZE AND COOL VIEWS OF LAKE ERIE, TAKE A WALK, LISTEN TO MUSIC WE WILL HAVE ON SITE AND HAVE A RELAXING AFTERNOON. CHECK INSIDE THE NEWSLETTER FOR MORE INFO ON COST AND LUNCH OPTIONS. PLEASE NOTE SOME SCHEDULING CHANGES WITH OUR MOVIE DAY IN AUGUST TO ACCOMMODATE SOME NEEDS FOR THE ADULT CLINIC. THE SUMMER MAY BE WINDING DOWN BUT WE ARE STILL ON THE MOVE!

DON'T FORGET - THERE'S STILL TIME TO BUY YOUR RAFFLE TICKETS TO WIN THE LOGE FOR THE AUGUST 21 LAKE ERIE CRUSHERS GAME. LOOK INSIDE FOR MORE INFO. LASTLY, THE AVON SENIORS INC BOARD CURRENTLY MEETS THE FIRST WEDNESDAY OF EVERY MONTH AT 10AM IN THE MAIN HALL OF THE SENIOR CENTER. THE MEETING IS OPEN TO ANYONE WHO WOULD LIKE TO ATTEND. ANY AND ALL ARE WELCOME!

BE WELL. SEE YOU SOON. ☺

SINCERELY,  
CARMELINA BARBERA, COORDINATOR

[www.cityofavon.com](http://www.cityofavon.com)



## HOURS OF OPERATION

M—F: 8 AM—4 PM  
Sat.-Sun: by scheduled activity

## SUMMER HOURS:

M—F: 8:30 AM — 4:30 PM

## TRANSPORTATION PROGRAM:

M—F: 9AM—3 PM

## COMMITTEES

Health & Welfare, Andy Monda  
Refreshments & Kitchen  
Dave & Carol Crudele  
Membership, Gail Schenk  
Social & Programs  
Carmelina Barbera

## THE AVON SENIOR CENTER WISHES TO THANK AVON SENIORS INC.

Jim Mutchler, President  
Cheryl Courtney, Treasurer  
Mary Carpenter, Recording Sec.  
Susie Cory, Correspondence Sec.  
Don Myers, Past President  
Craig Witherspoon, Council Rep  
Carmelina Barbera, Mayor's Rep

(440) 934-2417  
AVON, OH 44011  
36786 DETROIT RD.  
AVON SENIOR CENTER

# ☀ Meetings of Avon Seniors, Inc. ☀

Avon Seniors, Inc. meetings are scheduled and open to the community;

**All are welcome and encouraged to attend.**

- ◆ The Advisory Board meetings are the **FIRST WEDNESDAY OF THE MONTH** at 10:00 AM.
- ◆ All Meetings are held at the Avon Senior Center in the Main Hall unless otherwise stated.
- ◆ Any Special Meetings that are scheduled will be publicized a minimum of 24 hours in advance.

## FREE LORAIN COUNTY METRO PARK TRIP

THURSDAY, AUGUST 27

LEAVING THE SENIOR CENTER AT 10 AM—RETURNING AT 3 PM

(LUNCH IS AT YOUR OWN EXPENSE)



COME ALONG ON THIS FREE TRIP AS WE TRAVEL TO SCHOEPFLE GARDENS TO EXPLORE THE 70 ACRE PARK WHICH INCLUDES 20 ACRES OF BEAUTIFUL HORTICULTURAL GARDENS. AFTERWARDS WE'LL TRAVEL TO THE VERMILION RIVER RESERVATION TO TOUR THE HISTORICAL BENJAMIN BACON HOUSE AND SCENIC VIEWS. LUNCH WILL BE AT MARTINO'S (AT YOUR OWN EXPENSE).

\* THIS TRIP HAS MODERATE WALKING

\* PLEASE RSVP BY CALLING 934-2417 NO LATER THAN JUNE 22



## SENIOR WALKING GROUP

THURSDAYS ~ 9:00AM



ACCORDING TO THE AMERICAN HEART ASSOCIATION, REGULAR WALKING IS ONE OF THE MOST EFFECTIVE FORMS OF PHYSICAL ACTIVITY THAT DELIVERS SUBSTANTIAL HEALTH BENEFITS AND IMPROVES HEART HEALTH.

ARE YOU A WALKER? WOULD YOU LIKE TO WALK WITH A GROUP? JOIN ME FOR A GROUP WALK ON THURSDAY MORNINGS (WEATHER PERMITTING) AND GET YOUR CARDIO WORKOUT DONE FOR THE DAY. WE WILL WALK FOR 20-45 MINUTES DEPENDING UPON THE NEEDS OF THE GROUP. PLEASE RSVP SO WE HAVE AN IDEA OF THOSE INTERESTED. WEAR COMFORTABLE WALKING SHOES AND WEATHER APPROPRIATE CLOTHING. BRING A WATER BOTTLE IF DESIRED. BEGINS AUGUST 6.

## SO HORRIBLE THEY'RE ACTUALLY FUNNY

1. TWO ANTENNAS MET ON A ROOF, FELL IN LOVE AND GOT MARRIED. THE CEREMONY WASN'T MUCH, BUT THE RECEPTION WAS EXCELLENT.
2. A JUMPER CABLE WALKS INTO A BAR. THE BARTENDER SAYS, "I'LL SERVE YOU, BUT DON'T START ANYTHING."
3. A WOMAN HAS TWINS AND GIVES THEM UP FOR ADOPTION. ONE OF THEM GOES TO A FAMILY IN EGYPT AND IS NAMED "AHMAL." THE OTHER GOES TO A FAMILY IN SPAIN; THEY NAME HIM "JUAN." YEARS LATER, JUAN SENDS A PICTURE OF HIMSELF TO HIS BIRTH MOTHER. UPON RECEIVING THE PICTURE, SHE TELLS HER HUSBAND THAT SHE WISHES SHE ALSO HAD A PICTURE OF AHMAL. HER HUSBAND RESPONDS, "THEY'RE TWINS! IF YOU'VE SEEN JUAN, YOU'VE SEEN AHMAL."
4. "DOC, I CAN'T STOP SINGING 'THE GREEN, GREEN GRASS OF HOME.'" "THAT SOUNDS LIKE TOM JONES SYNDROME." "IS IT COMMON?" "WELL, IT'S NOT UNUSUAL."
5. I WENT TO A SEAFOOD DISCO LAST WEEK... AND PULLED A MUSSEL.
6. A GROUP OF CHESS ENTHUSIASTS CHECKED INTO A HOTEL AND WERE STANDING IN THE LOBBY DISCUSSING THEIR RECENT TOURNAMENT VICTORIES. AFTER ABOUT AN HOUR, THE MANAGER CAME OUT OF THE OFFICE AND ASKED THEM TO DISPERSE. "BUT WHY," THEY ASKED, AS THEY MOVED OFF. "BECAUSE," HE SAID, "I CAN'T STAND CHESS-NUTS BOASTING IN AN OPEN FOYER."

# Knits-n-Wits

## INTERMEDIATE KNITTING

NO CLASS IN AUGUST

SEPTEMBER 10 & 17 FROM 1 TO 3

WE ARE DOING OUR MOST CHALLENGING BLOCK FOR THE AFGHAN, THE TREE BLOCK. IT CONTAINS: CABLE FRONTS & BACKS, TWIST FRONTS & BACKS, SSK'S & MANY MORE SERIOUS KNITTING TERMS. SUPPLIES: SIZE 7 KNITTING NEEDLES, A CABLE NEEDLE & STITCH MARKERS. THE PATTERN SHOWS A MEDIUM GREEN YARN BUT IF YOU HAVE BEEN USING OTHER COLORS FOR YOUR AFGHAN THEN YOU NEED TO DECIDE WHAT COLOR TO MAKE YOUR 2 TREES. DON'T FORGET YOUR YARN!

**CALL THE SENIOR CENTER AND ASK FOR THE INSTRUCTOR'S PHONE NUMBER IF YOU HAVE QUESTIONS.**

- ◆ COST IS \$10/PERSON PLUS SUPPLIES FOR EITHER CLASS, PAYABLE TO "SUE ACKERMAN" ON THE DAY OF CLASS.
  - ◆ **PRE-REGISTRATION IS A MUST!** RSVP TO 934-2417 TO RESERVE YOUR SPACE SO THE INSTRUCTOR KNOWS THE QUANTITY OF SUPPLIES TO BRING.
  - ◆ **CLASSES WITH LESS THAN 2 PARTICIPANTS WILL BE CANCELLED.** RESERVE YOUR SPACE TODAY!



## GOLD & SILVER EVENT

WEDNESDAY, AUGUST 26

10:00 AM - 2:00 PM

SELL YOUR UNWANTED GOLD, SILVER, & PLATINUM AND GET PAID THE HIGHEST PRICE! WE WILL HAVE GOLD & SILVER EVENTS, LICENSED PRECIOUS METAL DEALERS FROM ROCKY RIVER, ON SITE TO EVALUATE ANY AND ALL GOLD AND SILVER ITEMS. **ABSOLUTELY NO OBLIGATION TO SELL.** PLEASE CALL 934-2417 FOR AN APPOINTMENT. WALK-INS ACCEPTED.

## COFFEE WITH THE COORDINATOR

THURSDAY, AUGUST 13

11:00AM



WHAT'S GOING ON AROUND HERE? PLEASE JOIN ME FOR A CUP OF COFFEE AND A PASTRY IN AN INFORMAL FORUM TO TALK ABOUT SOME OF THE NEW THINGS HAPPENING AT THE SENIOR CENTER. I WILL DISCUSS SOME OF THE CHANGES WE ARE IMPLEMENTING AS WELL AS ASK FOR IDEAS AND SUGGESTIONS. HAVE SOME QUESTIONS OR COMMENTS? JOIN ME! PLEASE RSVP FOR THIS EVENT NO LATER THAN MONDAY, AUGUST 10.

## SENIOR CENTER ANNUAL PICNIC

WEDNESDAY, AUGUST 19 ~ 11:00 AM

OUR ANNUAL PICNIC THIS YEAR WILL BE HELD AT THE LAKE HOUSE

AT VETERANS MEMORIAL PARK IN AVON LAKE!

(32756 LAKE RD. IN AVON LAKE)

WE WILL HAVE A BOXED PICNIC LUNCH CATERED BY NOVOTNY CATERING.

BOXED LUNCH INCLUDES:

CHICKEN SALAD ON CROISSANT OR ROAST BEEF WITH CHEESE ON CROISSANT

POTATO SALAD, CHIPS, COOKIE

COLD BEVERAGES (COFFEE WILL NOT BE AVAILABLE)

\* COST FOR THIS EVENT IS \$7.00 /PERSON. (CHECKS PAYABLE TO **Avon Seniors, Inc.**)

\* PLEASE SPECIFY SANDWICH CHOICE WHEN REGISTERING FOR THIS EVENT

◆ YOU MUST PRE-PAY FOR THIS EVENT

◆ DEADLINE FOR RESERVATIONS IS AUGUST 12

◆ PLEASE HAVE EXACT CHANGE IF PAYING CASH—FRONT DESK IS UNABLE TO MAKE CHANGE



**SIX WEEKS TO BETTER CHOICES: CHRONIC DISEASE SELF-MANAGEMENT (CDSM)**  
 AUGUST 20 - SEPTEMBER 24 ~ THURSDAYS (6 WEEK CLASS)  
 9:00 - 11:30 AM

IF YOU OR SOMEONE YOU KNOW HAS A CHRONIC DISEASE OR LONG LASTING HEALTH CONDITION, JOIN A FREE SIX WEEK COURSE (2½ HOUR WEEKLY SESSIONS), SIX WEEKS TO BETTER CHOICES. YOU'LL GET THE SUPPORT YOU NEED, FIND PRACTICAL WAYS TO DEAL WITH PAIN AND FATIGUE, DISCOVER BETTER NUTRITION AND EXERCISE CHOICES, UNDERSTAND NEW TREATMENT CHOICES, AND LEARN BETTER WAYS TO TALK WITH YOUR DOCTOR AND FAMILY ABOUT YOUR HEALTH. CDSM HAS BEEN SHOWN TO IMPROVE HEALTH AND COMMUNICATION WITH THEIR DOCTORS, WHILE REDUCING DISTRESS AND HELPING MANAGE SYMPTOMS LIKE FATIGUE, PAIN, AND DEPRESSION. LEARN FROM TRAINED LEADERS WHO UNDERSTAND FIRSTHAND WHAT YOU ARE EXPERIENCING. SET YOUR OWN WEEKLY GOALS AND MAKE A STEP-BY-STEP PLAN TO IMPROVE YOUR HEALTH - AND YOUR LIFE.

6 WEEK CLASS - MEETS ONCE A WEEK; NO CHARGE; LIGHT REFRESHMENTS  
 TO REGISTER PLEASE CALL THE AVON SENIOR CENTER AT 440-934-2417



**PIE & TRIVIA!**  
 THURSDAY, SEPTEMBER 17  
 1:30 PM

JOIN US AS WE HAVE AN AFTERNOON OF DELICIOUS PIE AND PLAY VARIOUS TRIVIA GAMES! THE NORTHRIDGE WILL BE HERE TO PROVIDE US WITH A TASTY SLICE OF PIE (TO BE DETERMINED BY THE NORTHRIDGE) FOLLOWED BY SOME FUN AND FRIENDLY TRIVIA GAMES LED BY VERONA EVANS OF THE NORTHRIDGE. SPACE IS LIMITED. YOU MUST RSVP FOR THIS EVENT BY CALLING 440-934-2417 NO LATER THAN SEPTEMBER 10.



**RAFFLE GIVEAWAY!**



COME TO THE SENIOR CENTER TO PURCHASE RAFFLE TICKETS TO WIN THE CITY OF AVON LOGO FOR THE FRIDAY, AUGUST 21 LAKE ERIE CRUSHERS GAME AGAINST THE ROCKFORD AVIATORS!  
 TICKETS ARE \$1 EACH OR 6 FOR \$5.  
 WINNER WILL BE CHOSEN AT OUR AUGUST 12 GENERAL MEETING. WINNER NEED NOT BE PRESENT TO WIN.

**MOVIE FRIDAY**

1:00 PM



**AUGUST 7 - "UNBROKEN"** RATED PG-13 (137 MIN) THIS INSPIRING TALE OF SURVIVAL IS BASED ON THE REAL-LIFE EXPERIENCES OF LOUIS ZAMPERINI, AN AMERICAN PILOT HELD BY THE JAPANESE DURING WORLD WAR II. AFTER HIS PLANE CRASHES INTO THE PACIFIC OCEAN, ZAMPERINI SPENDS 47 DAYS ADRIFT BEFORE HIS CAPTURE.

**AUGUST 14 - "THE THEORY OF EVERYTHING"** RATED PG-13 (123 MIN) WITH HIS BODY PROGRESSIVELY RAVAGED BY ALS, WORLD-FAMOUS PHYSICIST STEPHEN HAWKING MUST RELY ON HIS WIFE, JANE, TO CONTINUE HIS LIFE'S WORK AS HE FACES VARIOUS CHALLENGES. THIS AFFECTING BIOGRAPHICAL DRAMA CENTERS ON THE COUPLE'S FERTILE PARTNERSHIP.

**SEPTEMBER 4 - "BLENDED"** RATED PG-13 (117 MIN) IN THIS ROMANTIC COMEDY, JIM AND LAUREN FIND THEMSELVES ON A DREADFUL BLIND DATE. AFTERWARDS, THE TWO SINGLE PARENTS CROSS PATHS ONCE AGAIN -- BUT THIS TIME AT A VACATION RESORT WITH THEIR KIDS IN TOW. DREW BARRYMORE, ADAM SANDLER, JOEL MCHALE.

**SEPTEMBER 18 - "PADDINGTON"** RATED PG (95 MIN) THIS FAMILY TALE CHRONICLES THE ADVENTURES OF PADDINGTON BEAR, WHO'S RESCUED AT A TRAIN STATION AND TAKEN HOME BY A YOUNG BOY. PADDINGTON ADAPTS QUICKLY TO CITY LIFE, BUT THERE'S AN EVIL TAXIDERMIST IN TOWN WITH HER EYE ON THE LOVABLE BRUIN.

SPONSORED BY BRADLEY BAY AND THE GARDENS AT WESTLAKE

**Coming Attractions**



**Monthly Pizza Party!**

WEDNESDAY, AUGUST 26  
 MUSIC BINGO!

WEDNESDAY, SEPTEMBER 23  
 GAME DAY!

JOIN US FOR A FUN LUNCH SOCIAL EVERY MONTH! IN AUGUST WE WILL PLAY MUSIC BINGO AND IN SEPTEMBER WE WILL HAVE A GAME DAY.

COST FOR THIS LUNCH SOCIAL IS \$5/PERSON EVERY MONTH AND INCLUDES PIZZA, SALAD, BEVERAGES, AND A DESSERT. HURRY! SPACE IS LIMITED!

PLEASE MAKE CHECKS PAYABLE TO AVON SENIORS, INC. AND WRITE "PIZZA PARTY" ON THE MEMO LINE. PLEASE MAIL/DROP OFF PAYMENT TO: 36786 DETROIT RD. AVON, OH 44011

- MUST HAVE EXACT CHANGE IF PAYING BY CASH; DESK RECEPTIONIST IS UNABLE TO PROVIDE CHANGE
- DEADLINE FOR RESERVATIONS/CANCELLATIONS IS ONE WEEK BEFORE EACH EVENT UNLESS IT FILLS UP FIRST!

**REGULAR EVENTS**

1ST & 3RD SATURDAY: COFFEE & DONUTS	9 AM
2ND WEDNESDAY: GENERAL MEETING	10 AM
2ND & 4TH FRIDAYS: ADULT CLINIC	8 AM
1ST & 3RD FRIDAYS: MOVIE FRIDAY	1 PM
MON: PINOCHLE	12:30 PM
TUES: HAND & FOOT	1 PM
WEDS: TOLE PAINTING	10 AM
WEDS: MAHJONG	11:30 AM
WEDS: CARDS	6 PM
THUR: SCRABBLE	1 PM



**BINGO**  
 1:30-2:30 PM  
 2ND AND 4TH FRIDAY

SPONSORED ALTERNATELY BY CROSSROADS HOSPICE, THE NORTHRIDGE, AVON OAKS CARING COMMUNITY AND ALWAYS BEST CARE. YOU MUST RSVP FOR THIS EVENT BY CALLING 934-2417 FOR EACH BINGO EVENT.



**TAI CHI CLASSES**  
 9:30 AM ~ Tuesdays

New series begins July 21 - September 8. Cost for 8 session series is \$20 per person. Checks payable to Avon Seniors, Inc.

**DO YOU LINE DANCE?**

AUGUST 8 & SEPTEMBER 12 ~ 7-10PM

Country and non-country music at levels from beginner to intermediate. New and classic dances are welcome to this "By Request" Open Dance that will include one beginner level lesson by Amy Au-ger. Bring your own drinks and snacks, no alcohol permitted. Cost is \$5/ person. No RSVP needed. Contact Amy at 440-258-3153 with any questions.



**Love & Support**

We ask that you keep the following persons in your thoughts.

♥ Marie Mayton	♥ Richard Viglas
♥ Bill Mayton	♥ Rosemary Wysocki
♥ Ellie Mental	♥ Virginia Whitmore
♥ Anita Stockard	♥ Marlene Loth

◆ Please let us know if there is a senior you would like to have listed in our Love and Support section.

**GENERAL MEETING INFO**

AUGUST 12 - 10 AM

- St. John West Shore Community Outreach will be here for blood pressure checks
- We will be celebrating monthly Birthdays!
- After the meeting, we will have storyteller Barbara Sutton here to share "Stories to Brighten Your Day!"

SEPTEMBER 9 - 10 AM

- St. John West Shore Community Outreach will be here for blood pressure checks
  - We will be celebrating monthly Birthdays!
- After the meeting, we will have Janet Bird from the Lorain County Historical Society here to present "Whatzit?" A number of unusual artifacts are displayed and we get to guess (and learn!) their use.

JOIN US!

# Trips and Travels

## GUIDELINES FOR TRIPS AND ACTIVITIES: NO RESERVATION FORMS NEEDED!

To reserve your trip or reservation please mail/drop off your payment to the Avon Senior Center; Please make checks payable to: "Avon Seniors, Inc." **PLEASE NOTE: Checks made out to the Senior Center will not be accepted by the bank and will be returned to you.**

**YOU MUST USE A SEPARATE CHECK FOR EACH TRIP OR ACTIVITY!**

Please specify which trip you are reserving on your check.

Please mail/drop off payment to:  
Avon Senior Center; 36786 Detroit R., Avon, OH 44011

**\*\*Please have exact change if paying by cash.**

**Trips open to all seniors.**

**First come, first served until the bus is filled.**

- Avon Seniors, Inc. will include a \$5 service charge for cancellation of a trip less than 30 days before the day of the trip.
- This may be in addition to any fees that are incurred from JKL Tours cancellation policies.

## THURSDAY, AUGUST 20 "PRIVATE LIVES" AT RABBIT RUN THEATER (EVENING SHOW) MILD WALKING

OUR FAVORITE SUMMER STOCK THEATRE IS PUTTING ON ONE OF THE MOST SOPHISTICATED AND UNIQUELY HUMOROUS PLAYS EVER WRITTEN BY NOEL COWARD. "GLAMOROUS, RICH, AND RECKLESS, ELYOT AND AMANDA HAVE BEEN DIVORCED FROM EACH OTHER FOR FIVE YEARS. WHILE HONEYMOONING WITH NEW SPOUSES, THE COUPLE HAVE A CHANCE MEETING ACROSS ADJOINING BALCONIES. FORMER PASSIONS BEING REKINDLED, THEY HURL THEMSELVES INTO LOVE AND WAR!" COME JOIN US FOR A WONDERFUL NIGHT OF FUN THEATRE AND PRIOR TO THE SHOW, WE'LL ENJOY A FABULOUS DINNER AT GRAND RIVER CELLARS INCLUDING A PRE-DINNER WINE TASTING AND PRESENTATION! COST FOR THIS TRIP IS \$69/PERSON.



## FRIDAY, SEPTEMBER 4 HISTORICAL, INTERNATIONAL & ETHNIC TOUR OF CLEVELAND PART 5 MODERATE-EXTENSIVE WALKING

WE'LL START CLEVELAND PART 5 EXPLORING THE GLENVILLE AREA THAT STARTED AS A SEPARATE, RURAL FARMING COMMUNITY WITH TRUCK PATCH GARDENS, BEFORE IT HOSTED THE AREA'S FIRST HORSE-RACING TRACK THAT TURNED GLENVILLE INTO A HOT BED FOR CLEVELANDERS SEEKING VICTORIAN-ERA GAMING ACTION! GLENVILLE BECAME A JEWISH ENCLAVE IN THE EARLY 1900'S, AND WAS HOME TO NOTABLE CLEVELANDERS AND THE CREATORS OF SUPERMAN! (WE'LL SEE THEIR HOMES AND TRIBUTES.) WE'LL DISCOVER SOME HISTORIC, ORIGINAL JEWISH TEMPLES THAT HAVE BECOME BAPTIST AND METHODIST CHURCHES ALONG A ROAD KNOWN AS CHURCH ALLEY FOR THE TREMENDOUS ARRAY OF CHURCHES OF MANY DENOMINATIONS. WE'LL TRAVEL THROUGH CLEVELAND'S UNIQUE, CULTURAL GARDENS HIGHLIGHTING 29 DIFFERENT ETHNIC GROUPS, BEFORE WE ENJOY THE BEAUTIFUL DISPLAYS OF NATIVE AND EXOTIC FLORA AT THE ROCKEFELLER GREENHOUSE, ONE OF CLEVELAND'S HIDDEN JEWELS.

WE'LL CONTINUE ON AND DEPART THE MOTORCOACH TO RIDE THE RTA WATERFRONT TROLLEY AS IT TRAVELS UP ALONG THE LAKE FOR A UNIQUE VIEW OF THE PORT OF CLEVELAND, BEFORE IT SNAKES ITS WAY THROUGH THE FLATS. THE TROLLEY WILL TRAVEL ON ITS JOURNEY ARRIVING DEEP UNDERNEATH THE TERMINAL TOWER, PROVIDING US A SIMILAR RAIL EXPERIENCE SO MANY IMMIGRANTS HAD WHEN THEY FIRST ARRIVED IN CLEVELAND! WE'LL HAVE A WALKING TOUR OF TERMINAL TOWER/TOWER CITY BEFORE OUR BUS RETURNS TO TAKE US TO THE NEW HOFBRAUHAUS FOR LUNCH. WE'LL ENJOY A GERMAN-THEMED LUNCH ALONG WITH THE FUN OF A ONE-MAN POLKA BAND, WHO WILL HAVE A SING-ALONG TO "ROLL OUT THE BARREL!" YOU WILL HAVE THE CHANCE TO GATHER 3 FRIENDS TO DRINK A "SHOT-SKI," WHERE 4 PEOPLE ALL DO A "SHOT" AT THE SAME TIME, WHILE THE SHOTS ARE HELD TIGHTLY ON A REAL SKI!

AFTER LUNCH, WE'LL CONTINUE SIGHTSEEING HISTORY E.G. THE SITE OF THE ORIGINAL HOFBRAUHAUS, THE MINI-MANSIONS ALONG UPPER PROSPECT AND THE SITE OF THE VERY FIRST CHRISTMAS TREE CANDLE LIGHTING IN THE US! WE'LL VISIT PETERSON'S NUTS (A REAL CLEVELAND FAVORITE) BEFORE WE TOUR THE HEINEN'S AT CLEVELAND TRUST, SEEING THIS AMAZING TURN AROUND THAT SAVED A CLEVELAND ICONIC BUILDING. WE'LL COMPLETE OUR DAY WITH A VERY UNIQUE TOUR OF THE METROPOLITAN HOTEL (WHERE MANY CLEVELAND SPORTS FIGURES LIVE DURING THE SEASON.) THIS HOTEL IS ONE OF CLEVELAND'S SWANKIEST AND YOU WILL SURELY BE AMAZED! OUR HISTORIC TOUR OF CLEVELAND - PART 5 WILL COMBINE CULTURE, FOOD, HISTORY AND AN ETHNIC LUNCH, TO GIVE YOU A UNIQUE VIEW OF THE RICH TAPESTRY OF CULTURES AND HERITAGE THAT MAKE CLEVELAND, "THE BEST LOCATION IN THE NATION."

WE'VE PACKED A LOT INTO THIS DAY-LONG ADVENTURE, SO GATHER YOUR FRIENDS AND JOIN US FOR THIS FUN TOUR. COST FOR THIS TRIP IS \$69/PERSON. DEADLINE FOR RESERVATIONS IS AUGUST 19 UNLESS IT FILLS UP FIRST!

# Trips and Travels (cont'd)

## FRIDAY, SEPTEMBER 11 AUTUMN IN AMISH COUNTRY! MODERATE WALKING

AN ANNUAL FAVORITE, COME ENJOY A START TO FALL AS WE VISIT THE VILLAGE OF SUGARCREEK WITH A BACKROADS TOUR WITH A LOCAL GUIDE. SHE WILL SHARE A UNIQUE PERSPECTIVE ABOUT THE AMISH PEOPLE AND THE WORLD IN WHICH THEY LIVE. SUGARCREEK HOSTS THE **WORLD'S LARGEST CUCKOO CLOCK** WITH LIFE-SIZE, MOVING COSTUMED FIGURES! WE WILL ENJOY AN AMAZING LUNCH AT THE DUTCH VALLEY INN RESTAURANT (WITH TIME TO SHOP AT THEIR COMPLEX). WE WILL SEE THE SHOPS AND BOUTIQUES OF WALNUT CREEK AND COMPLETE OUR DAY TASTING WINE AT THE PERENNIAL VINEYARD AND WINERY. COST FOR THIS TRIP IS \$65/PERSON.



## FRIDAY, NOVEMBER 6 HISTORY & MYSTERY OF GEauga COUNTY MODERATE WALKING

GEAUGA COUNTY HOLDS A NUMBER OF ATTRACTIONS INCLUDING OHIO'S OLDEST GENERAL STORE IN MESOPOTAMIA, THE CHEESE CO-OP, A CHOCOLATE FACTORY AND MORE. WE'LL HAVE LUNCH AT MARY YODER'S AND HEAR THE GHOST STORY AT THE LODGE AT PUNDERSON STATE PARK. COST FOR THIS TRIP IS \$69/PERSON. DEADLINE FOR RESERVATIONS IS OCTOBER 6.

## TUESDAY, OCTOBER 20 COLUMBUS & THE GOVERNOR'S MANSION MODERATE WALKING

ENJOY A WONDERFUL AUTUMN ADVENTURE AS WE VISIT OHIO'S CAPITAL CITY - COLUMBUS! WE'LL START WITH A UNIQUE TOUR OF THE GOVERNOR'S MANSION - HOME TO OHIO'S FIRST FAMILY. SPECIALLY TRAINED VOLUNTEERS WILL LEAD US ON A ONE HOUR TOUR THROUGH THE PUBLIC ROOMS OF THE RESIDENCE AND THE HERITAGE GARDEN. AFTER THE TOUR, WE'LL SETTLE INTO SCHMIDT'S SAUSAGE HAUS, IN THE HEART OF GERMAN VILLAGE, FOR A BUFFET LUNCH (WITH LIVE ENTERTAINMENT). SCHMIDT'S HAS BEEN WELCOMING GUESTS FOR 5 GENERATIONS OF AUTHENTIC GERMAN HOSPITALITY! AFTER LUNCH OUR LOCAL GUIDE WILL TAKE US ON A TOUR OF BOTH THE GERMAN VILLAGE AND DOWNTOWN COLUMBUS AREAS TO DISCOVER SOME OF THEIR NEIGHBORHOODS, LANDMARK ATTRACTIONS AND WELL-KEPT SECRETS. ON OUR WAY HOME WE'LL TAKE THE SCENIC FALL FOLIAGE ROUTE VIA MT. VERNON TO ENJOY MOTHER NATURE'S HANDIWORK ALONG THE COLORFUL BACK ROADS OF CENTRAL OHIO WITH A STOP AT THE VELVET ICE CREAM FACTORY IN UTICA, OH (ICE CREAM IS INCLUDED!). COST FOR THIS TRIP IS \$69/PERSON. DEADLINE FOR RESERVATIONS IS SEPTEMBER 18.

## WATERCOLOR WORKSHOP THURSDAY, AUGUST 6 10AM - 4PM



THIS CLASS WILL BE TAUGHT BY DIANE SLITER REINHART - A WATERCOLORIST FROM WAKEMAN THAT TEACHES IN WESTLAKE AND SELLS MANY OF HER BEAUTIFUL PAINTINGS THROUGH THE VERMILION ARTS GUILD. SHE PLANS TO DEMONSTRATE A FLORAL PAINTING AND A LANDSCAPE, WITH PLENTY OF TIME FOR HER TO HELP YOU PAINT YOUR OWN PICTURES. COST IS \$35 FOR THE CLASS - LUNCH AND SNACKS INCLUDED. PLEASE MAKE CHECKS PAYABLE TO CAROL KELLY. QUESTIONS? CALL CAROL AT 440-235-3468 OR KAREN CAMPBELL 440-934-0510.

## WATERCOLOR ART CLASS MONDAYS 1:00 PM - 4:00 PM

WEEKLY FUN WATERCOLOR ART CLASSES FOR BEGINNER TO INTERMEDIATE PAINTERS. THE INSTRUCTOR IS BERNIE D'ETTORE WHO TEACHES AT THE BECK CENTER AND AT BAY ARTS. COST IS \$10/CLASS PAYABLE DIRECTLY TO THE INSTRUCTOR. BRING YOUR OWN SUPPLIES. CALL WITH ANY QUESTIONS. CLASSES BEGIN SEPTEMBER 14. NO CLASS SEPTEMBER 28.

## JIGSAW PUZZLE EXCHANGE

DO YOU BUY PUZZLES, WORK THEM ONCE AND THEN STORE THEM IN A CLOSET NEVER TO BE WORKED AGAIN? WOULDN'T IT BE NICE TO PASS THAT PUZZLE ON TO SOMEONE WHO APPRECIATES WORKING PUZZLES AND/OR BORROW ONE? NOW YOU CAN DO JUST THAT. BRING IN YOUR JIGSAW PUZZLES FOR OTHERS TO USE AND TAKE ONE HOME TO WORK ON. WHEN YOU ARE DONE, BRING IT BACK FOR SOMEONE ELSE TO ENJOY AND PICK UP ANOTHER ONE!

