

Extra Good Stuff



👉 Avon residents can borrow donated medical equipment while recuperating from surgery or an injury. Residents need to call the Senior Center to check inventory before coming in to fill out an equipment loan sheet. Please do not drop in to pick up equipment as this can not be accommodated.



FUNDRAISING WITH THE ROCK PILE 900 NAGEL RD. IN AVON

- ✓ Shop at The Rock Pile
- ✓ Tell them you are part of the Avon Senior Center when you check out
- ✓ The Senior Center receives 5% of total purchases!

NEWSLETTER VOLUNTEER SIGN-UPS

Special thanks to our wonderful group of folks who get together for a few hours every other month to fold, seal, and address the newsletter. * If you would like to sign up to be a newsletter volunteer, please call the Senior Center and sign up for every month you would like to volunteer. We can have up to 25 volunteers per month and you may sign up for up to 2 months at a time. *



SNACKS SPONSORED BY BUSCH FUNERAL AND CREMATORY SERVICES EVERY MONTH.



AVON SENIOR CENTER
36786 DETROIT RD.
AVON, OH 44011
(440) 934-2417

DECEMBER/JANUARY

2014/2015



AVON SENIOR CENTER

THE SENIOR BUZZ



COORDINATOR'S COMMENTS

THE HOLIDAYS ARE HERE! THIS IS YOUR LAST CALL TO SIGN UP FOR OUR ANNUAL HOLIDAY PARTY ON TUESDAY, DECEMBER 9TH. PLEASE JOIN US FOR A FUN AFTERNOON WHILE WE FEAST ON A WONDERFUL BUFFET LUNCH AT TOM'S COUNTRY PLACE, LISTEN TO ENTERTAINMENT BY MARY BETH LYONS, SAY HELLO TO MAYOR JENSEN, WIN SOME RAFFLE PRIZES, AND ENTER OUR UGLY SWEATER CONTEST! PLEASE KEEP IN MIND THAT DUE TO OUR OFF SITE HOLIDAY PARTY, WE WILL NOT HAVE A REGULAR GENERAL MEETING IN DECEMBER OR A BOARD MEETING.

THANKS TO EVERYONE WHO ATTENDED OUR BINGO AND BOXED LUNCH EVENT ON NOVEMBER 13. SPECIAL THANKS TO BILL MAYTON WHO WAS KIND ENOUGH TO COME AND ENTERTAIN US WITH HIS BINGO CALLING AND ALL AROUND AMUSING PERSONALITY. HE IS PRICELESS!

PLEASE LOOK INSIDE THE NEWSLETTER FOR SOME WONDERFUL AND FUN ACTIVITIES WE HAVE LINED UP FOR THE REST OF THE YEAR AS WELL AS IN THE NEW YEAR, INCLUDING OUR ANNUAL SOUP THROWDOWN!

TAKE NOTE THAT BEGINNING DECEMBER 11, WE HAVE CHANGED OUR YOGA CLASS TO THURSDAY MORNINGS AT 9:30AM FOR THOSE WHO LIKE TO GET THEIR WORKOUTS DONE IN THE MORNING. ALSO, PLEASE REVIEW OUR COLD WEATHER POLICY OUTLINED INSIDE THE NEWSLETTER. WHEN IN DOUBT, PLEASE CALL THE SENIOR CENTER IN INCLEMENT WEATHER TO SEE IF WE ARE OPEN BEFORE LEAVING THE HOUSE. I DOUBT I NEED TO REMIND ANYONE HOW HARSH LAST WINTER WAS FOR ALL OF US!

WE WILL BE CLOSED DECEMBER 24 - 26 FOR THE CHRISTMAS HOLIDAY SO THE SENIOR CENTER STAFF CAN BE WITH THEIR FAMILIES. THANK YOU FOR SHARING YOUR YEAR WITH US. WE LOOK FORWARD TO CONTINUING TO LAUGH, LEARN, SERVE AND SUPPORT THE SENIOR COMMUNITY IN THE UPCOMING YEAR THROUGH ALL THE GREAT PROGRAMS AND SERVICES WE PROVIDE. HAVE A SAFE, HAPPY AND HEALTHY HOLIDAY SEASON!

SINCERELY,

CARMELINA BARBERA, COORDINATOR



BRYAN K. JENSEN, MAYOR
SENIOR CENTER COORDINATOR
Carmelina Barbera, MPA
(440) 934-2417 Office
(440) 934-2421 FAX
carmelina@cityofavon.com

TRANSPORTATION PROGRAM
Eileen Niedbalski, Scheduler
(440) 934-7433 Office
eileen@cityofavon.com

Mike Kerecz, Driver
Ed Mantin, Driver
Caryn Tovtin, Driver

FACILITY & MAINTENANCE
Mario Volpe

DESK RECEPTIONIST
Sandy Palmieri
spalmieri@cityofavon.com

HOURS OF OPERATION

SENIOR CENTER:
M—F: 8 AM—4 PM
Sat.-Sun: by scheduled activity

TRANSPORTATION PROGRAM:
M—F: 9AM—3 PM

COMMITTEES

Health & Welfare
Andy Monda
Refreshments & Kitchen
Dave & Carol Crudele
Social & Programs
Carmelina Barbera

THE AVON SENIOR CENTER WISHES TO THANK AVON SENIORS INC.

Don Myers, President
Pearl Olearsik, Vice President
Mary Carpenter, Recording Sec.
Susie Cory, Correspondence Sec.
Sue Myers, Treasurer
Gail Schenk, Membership
Bob Fedor, Past President
Craig Witherspoon, Council Rep



☀ Meetings of Avon Seniors, Inc. ☀

Avon Seniors, Inc. meetings are scheduled and open to the community:

All are welcome and encouraged to attend.

- ◆ The Executive/Advisory Board meetings are the **FIRST WEDNESDAY OF THE MONTH**
- ◆ All Meetings are held at the Avon Senior Center in the Main Hall unless otherwise stated.
- ◆ Any Special Meetings that are scheduled will be publicized a minimum of 24 hours in advance.

**NO BOARD MEETING
IN DECEMBER!**

5TH ANNUAL SOUP THROW DOWN!!

WEDNESDAY, JANUARY 28 ~ 11:30 AM

(IF THERE IS A SNOW DAY THAT DAY, WE WILL RESCHEDULE FOR FRIDAY, JANUARY 30)

JOIN US ON A COLD JANUARY DAY FOR A GOOD OL' SOUP COMPETITION (ALSO KNOWN AS A THROW-DOWN)! WE'LL HAVE A LARGE VARIETY OF SOUPS AVAILABLE FOR YOU TO SAMPLE AND A TALLYSHEET TO VOTE ON WHICH SOUP YOU LIKE THE BEST!

AFTER THE COMPETITION WE'LL HAVE DESSERT AND HOT BEVERAGES AVAILABLE TO TOP OFF THE DAY. COST IS \$5/PERSON AND MUST BE PAID IN ADVANCE. SEATING IS LIMITED. HURRY! THIS WILL SELL OUT FAST!

PLEASE MAKE CHECKS PAYABLE TO AVON SENIORS, INC.

PLEASE MAIL/DROP OFF PAYMENT TO:
AVON SENIOR CENTER, 36786 DETROIT RD. AVON, OH 44011

- PLEASE HAVE EXACT CHANGE IF PAYING BY CASH.
- DEADLINE FOR RESERVATIONS IS JANUARY 21ST!



TAI CHI CLASSES 9:30 AM ~ Tuesdays

New series begins **November 18 - January 20** (no class December 23 or December 30). Cost for 8 session series is \$20 per person. Checks payable to **Avon Seniors, Inc.**

SENIOR DRIVER

MY NEIGHBOR WAS WORKING IN HIS YARD WHEN HE WAS STARTLED BY A LATE MODEL CAR THAT CAME CRASHING THROUGH HIS HEDGE AND ENDED UP IN HIS FRONT LAWN. HE RUSHED TO HELP AN ELDERLY LADY DRIVER OUT OF THE CAR AND SAT HER DOWN ON A LAWN CHAIR.

HE SAID WITH EXCITEMENT, "YOU APPEAR QUITE ELDERLY TO BE DRIVING."

"WELL, YES, I AM," SHE REPLIED PROUDLY. "I'LL BE 97 NEXT MONTH, AND I AM NOW OLD ENOUGH THAT I DON'T EVEN NEED A DRIVER'S LICENSE ANYMORE." SHE CONTINUED, "THE LAST TIME I WENT TO MY DOCTOR, HE EXAMINED ME AND ASKED IF I STILL HAD A DRIVER'S LICENSE. I TOLD HIM YES, AND HAND-ED IT TO HIM. HE TOOK SCISSORS OUT OF THE DRAWER, CUT THE LICENSE INTO PIECES, AND THREW THEM IN THE WASTE BASKET, SAYING, 'YOU WON'T NEED THIS ANYMORE,' -SO I THANKED HIM AND LEFT!"



AVON SENIORS, INC.
MEMBERSHIP DUES FORM - \$10.00 per person
Membership Renewal Date Appears on Newsletter Label

RENEWAL DATE _____

NAME(S) _____

ADDRESS _____ CITY _____ ZIP _____

PHONE _____

Please check here if you have moved and are providing us with your new address _____

NEW MEMBER(S) _____ PRESENT MEMBER(S) _____ Amount Paid _____ Check _____ Cash _____

MEMBERSHIP FORM MUST ACCOMPANY PAYMENT

Please make check payable to: **Avon Seniors, Inc.**

Mail/Drop off dues to: Avon Senior Center; 36786 Detroit Rd., Avon, OH 44011



PIE & TRIVIA!

FRIDAY, FEBRUARY 20 ~ 1:30 PM

JOIN US AS WE HAVE AN AFTERNOON OF PIE AND PLAY VARIOUS TRIVIA GAMES! THE NORTHRIDGE WILL BE HERE TO PROVIDE US WITH A TASTY SLICE OF DELICIOUS PIE FOLLOWED BY SOME FUN AND FRIENDLY TRIVIA GAMES LED BY VERONA EVANS OF THE NORTHRIDGE. SPACE IS LIMITED. YOU MUST RSVP FOR THIS EVENT BY CALLING 440-934-2417 NO LATER THAN FEBRUARY 13 UNLESS IT FILLS UP FIRST.



GET FREE TAX HELP!!

FEBRUARY 5TH—APRIL 9TH (THURSDAYS ONLY)

THE AVON SENIOR CENTER WILL BE TAKING APPOINTMENTS FOR AARP TAX-AIDE BEGINNING THURSDAY, FEBRUARY 6TH—APRIL 10TH. AARP TAX-AIDE VOLUNTEERS WILL BE HERE EVERY THURSDAY FROM 9:30AM-3:00PM TO PROVIDE FREE, QUALITY, VOLUNTEER-RUN ASSISTANCE AND PREPARATION SERVICE THAT CAN TRANSMIT YOUR RETURN DIRECTLY TO THE IRS. THIS SERVICE IS AVAILABLE TO TAXPAYERS WITH LOW- AND MODERATE- INCOME, WITH SPECIAL ATTENTION TO THOSE 60 AND OLDER. **PLEASE CALL 440-934-2417 (STARTING IN JANUARY) TO SCHEDULE YOUR APPOINTMENT.**



YOGA AS WE AGE

THURSDAYS ~ 9:30AM <--- NOTE DAY/TIME CHANGE!



This is a supportive and safe yoga practice. The postures are adapted to older minds, bodies and spirits. The class is conducted by Jacki Currie, who uses strategies she learned at Duke Center for Integrative Medicine specifically for teaching yoga to older adults. The poses whether seated, standing, or floor can be modified to safely address individuals regardless of limitations. Participants can enjoy the benefits of a yoga practice based upon their own needs in an encouraging environment.

Yoga is a profoundly healing discipline that can be practiced at any age with a myriad of benefits. Whether you are new to yoga or have experience, this class can benefit you on an individual basis to enhance your daily living. Please wear comfortable clothing and bring a mat if you have one (the instructor has some mats available). All other equipment is provided. This is a free class.



HOME SAFETY SEMINAR
WEDNESDAY, JANUARY 21
10:00AM

FALLING AND/OR FEAR OF FALLING IS ONE OF THE MANY THINGS SENIORS FACE EACH DAY. DALE WARNECKE, PHILIPS LIFELINE MARKETING REPRESENTATIVE, WILL BE HERE TO ADDRESS THE PHYSICAL RISKS AND THE EFFECTS RELATED TO ACTIVITY AND FALLS. HE WILL TALK ABOUT HAZARDS IN AND AROUND THE HOME THAT CAN BE CHANGED OR ADAPTED FOR SENIOR SAFETY. HE WILL ALSO ADDRESS HEALTH AND MEDICINES AND HOW MEDICATIONS CAN BE A CONTRIBUTING FACTOR TO FALLS. YOU MUST RSVP FOR THIS EVENT BY CALLING 440-934-2417 NO LATER THAN JANUARY 16.



Hot Happenings

REGULAR EVENTS

1ST & 3RD SATURDAY: COFFEE & DONUTS	9 AM
2ND WEDNESDAY: GENERAL MEETING	10 AM
2ND & 4TH FRIDAYS: ADULT CLINIC	8 AM
1ST & 3RD FRIDAYS: MOVIE FRIDAY	1 PM
MON: PINOCHLE	12:30 PM
TUES: HAND & FOOT	1 PM
WEDS: TOLE PAINTING	10 AM
WEDS: MAHJONG	11:30 AM
WEDS: CARDS	6 PM
THUR: SCRABBLE	1 PM

THANK YOU
DAVE & CAROL CRUDELE
FOR ALL THE WONDERFUL
MYSTERY LUNCHES

WE APPRECIATE EVERYTHING YOU DO FOR US!
GET WELL SOON DAVE!

AVON SENIOR CENTER
ANNUAL HOLIDAY PARTY
TUESDAY, DECEMBER 9, 2014

TOM'S COUNTRY PLACE; 3442 STONEY RIDGE RD. IN AVON;
 11:30 AM—2:00 PM.

(DOORS OPEN AT 11:00 AM)

BUFFET MENU:

- CHICKEN PICCATA
- CABBAGE ROLLS
- MASHED POTATOES & GRAVY
- GLAZED CARROTS
- GARDEN SALAD WITH SPRING GREENS AND HOUSE DRESSING
- ROLLS AND BUTTER, DESSERT & BEVERAGE

ENTERTAINMENT PROVIDED BY MARY BETH LYONS

COST IS \$20.00 PER PERSON

PLEASE MAKE CHECKS PAYABLE TO AVON SENIORS, INC. AND WRITE "HOLIDAY PARTY" ON THE MEMO LINE.

PLEASE MAIL/DROP OFF PAYMENT TO:

AVON SENIOR CENTER, 36786 DETROIT RD. AVON, OH 44011

- PLEASE HAVE EXACT CHANGE IF PAYING BY CASH.
- DEADLINE FOR RESERVATIONS OR REFUNDS IS DECEMBER 1ST!



Enter our
 Ugly Sweater
 Contest!



BINGO

1:30-2:30 PM
2ND AND 4TH FRIDAY

SPONSORED ALTERNATELY BY CROSSROADS HOSPICE, THE NORTHRIDGE, AVON OAKS CARING COMMUNITY AND ALWAYS BEST CARE. YOU MUST RSVP FOR THIS EVENT BY CALLING 934-2417 FOR EACH BINGO EVENT.

"LIFE IS ONE BIG ROAD WITH LOTS OF SIGNS. SO WHEN YOU'RE RIDING THROUGH THE RUTS, DON'T COMPLICATE YOUR MIND. FLEE FROM HATE, MISCHIEF AND JEALOUSY. DON'T BURY YOUR THOUGHTS, PUT YOUR VISION TO REALITY. WAKE UP AND LIVE!"
 - BOB MARLEY



GENERAL MEETING INFO
TUESDAY DECEMBER 9 - HOLIDAY PARTY

NO DECEMBER MEETING
PLEASE JOIN US AT OUR HOLIDAY PARTY AT TOM'S!!

JANUARY 14 - 10 AM

- St. John West Shore Community Outreach will be here for blood pressure checks
- We will be celebrating monthly Birthdays!
- After the meeting, we will have Lieutenant Travis Hughes here from the Ohio Highway Patrol to give a presentation on Winter Driving.

FEBRUARY 11 - 10 AM

- St. John West Shore Community Outreach will be here for blood pressure checks
- We will be celebrating monthly Birthdays!
- After the meeting, we will have John Latkovich here to talk about our 2015 trip program. He will also take all your questions and suggestions!

Please join us!

MOVIE FRIDAY

1:00 PM



DECEMBER 5 - "MANDELA: LONG WALK TO FREEDOM" RATED PG-13 (139 MIN.) GOLDEN GLOBE-WINNER IDRIS ELBA STARS AS NELSON MANDELA IN THIS IN-DEPTH BIOPIC THAT PORTRAYS THE GROUNDBREAKING SOUTH AFRICAN LEADER FROM HIS RURAL CHILDHOOD THROUGH HIS LONG IMPRISONMENT TO HIS ELECTION AS THE COUNTRY'S FIRST BLACK PRESIDENT.

DECEMBER 19 - NO MOVIE

JANUARY 2 - "THE GRAND BUDAPEST HOTEL" R (100 MIN.) BETWEEN THE WORLD WARS, GUSTAVE H, THE CONCIERGE AT A PRESTIGIOUS EUROPEAN HOTEL, TAKES A BELLBOY NAMED ZERO AS A TRUSTED PROTÉGÉ. MEANWHILE, THE UPSCALE GUESTS ARE INVOLVED IN AN ART THEFT AND A DISPUTE OVER A VAST FAMILY FORTUNE.

JANUARY 16 - "MOM'S NIGHT OUT" PG (99 MIN) YEARNING FOR AN EVENING OF DINNER AND CONVERSATION THAT DOES NOT INVOLVE THEIR CHILDREN, ALLYSON AND HER FRIENDS PLAN A NIGHT ON THE TOWN. TO BE ABLE TO DO THIS, HOWEVER, THEIR HUSBANDS NEED TO WATCH THE KIDS FOR A FEW HOURS. WHAT CAN GO WRONG?

SPONSORED BY EMH AND BRADLEY BAY



Love & Support

We ask that you keep the following persons in your thoughts.

- ♥ Jean Smock
- ♥ Marie Mayton
- ♥ Bill Mayton
- ♥ Ellie Mental
- ♥ Anita Stockard
- ♥ Richard Viglas
- ♥ Rosemary Wysocki
- ♥ Virginia Whitmore
- ♥ Marlene Loth
- ♥ Claire Bommer

◆ Please let us know if there is a senior you would like to have listed in our Love and Support section.

Trips and Travels

GUIDELINES FOR TRIPS AND ACTIVITIES: NO RESERVATION FORMS NEEDED!

To reserve your trip or reservation please mail/drop off your payment to the Avon Senior Center; Please make checks payable to: "Avon Seniors, Inc." PLEASE NOTE: Checks made out to the Senior Center will not be accepted by the bank and will be returned to you.

YOU MUST USE A SEPARATE CHECK FOR EACH TRIP OR ACTIVITY!

Please specify which trip you are reserving on your check.

Please mail/drop off payment to:
Avon Senior Center; 36786 Detroit R., Avon, OH 44011
**Please have exact change if paying by cash.

Trips open to all seniors.

First come, first served until the bus is filled.

- Avon Seniors, Inc. will include a \$5 service charge for cancellation of a trip less than 30 days before the day of the trip.
- This may be in addition to any fees that are incurred from JKL Tours cancellation policies.

THE FOLLOWING IS A PARTIAL TENTATIVE PREVIEW
OF WHAT'S COMING UP IN OUR 2015 TRIP PROGRAM!
PLEASE NOTE: ALL TRIPS AND SCHEDULING SUBJECT TO CHANGE!

FEB	A VALENTINE'S DAY OF WINE & CHOCOLATES
FEB	TRAVEL PRESENTATION BY JKL TOURS AT AVON SENIOR CENTER
MARCH	ST. PATTY'S TRIP TO HOFBRAUHAUS
MARCH	9 DAYS/8NIGHTS IN FLORIDA
JUNE OR JULY	CLEVELAND SUMMER HIGHLIGHTS TRIP
AUGUST	RIVERSIDE DINNER THEATRE IN CAMBRIDGE SRINGS, PA
SEPTEMBER	AMISH TRIP
OCTOBER	GERMAN VILLAGE & GOVERNOR'S MANSION



DO YOU LINE DANCE? JANUARY 10 & FEBRUARY 7 7-10PM

COUNTRY AND NON-COUNTRY MUSIC AT LEVELS FROM BEGINNER TO INTERMEDIATE. NEW AND CLASSIC DANCES ARE WELCOME TO THIS "BY REQUEST" OPEN DANCE THAT WILL INCLUDE ONE BEGINNER LEVEL LESSON BY AMY AUGER. BRING YOUR OWN DRINKS AND SNACKS, NO ALCOHOL PERMITTED. COST IS \$5/PERSON. NO RSVP NEEDED. CONTACT AMY AT 440-258-3153 WITH ANY QUESTIONS.



Trips and Travels (cont'd)

FRIDAY, FEBRUARY 13 "A VALENTINE'S DAY OF WINE AND CHOCOLATES"

JOIN US FOR A VALENTINE TREAT AS WE START AT HARRY LONDON'S CHOCOLATES FOR A PRESENTATION ON THE NEW WAVE OF ARTISAN CHOCOLATES AND ENJOY A SAMPLING OF DIFFERENT CHOCOLATE STYLES. NEXT, WE'LL HEAD TO OHIO'S MOST UNIQUE, BOUTIQUE WINERY, THE SCHOOL HOUSE WINERY OF DOVER, FOR A PRESENTATION ON THEIR WINES AND TASTINGS OF THEIR VINTAGES. WE'LL TRAVEL INTO SUGARCREEK FOR AN AMISH LUNCH AT THE DUTCH VALLEY RESTAURANT WITH FREE TIME AT THEIR COMPLEX TO VISIT THEIR GIFT STORE AND THEIR BAKERY! NEXT, WE'LL TRAVEL TO COBLENTZ CHOCOLATES OF WALNUT CREEK TO SEE HOW THEY MAKE THEIR CHOCOLATE SPECIALTIES AND ENJOY DIFFERENT SAMPLES. THEIR STORE ALSO CARRIES WOMEN'S SCARVES AND PURSES. ENROUTE HOME, WE'LL COMPLETE OUR DAY AT PERENNIAL VINEYARDS OF BREWSTER FOR WINE TASTINGS AND TO LEARN ABOUT THE WINES THEY MAKE FROM THEIR OWN OHIO VINEYARDS. BUS DEPARTS AT 8AM AND RETURNS AT 7PM. TRIP PRICE IS \$59/PERSON. PAYMENT DEADLINE IS THURSDAY, JANUARY 29.



COLD WEATHER REMINDERS!!



- IF THE WEATHER IS VERY BAD, WE WILL CLOSE THE SENIOR CENTER FOR ACTIVITIES FOR THE DAY. WE WILL LIST OUR CLOSING ON CHANNEL 3 AND CHANNEL 5 NEWS STATIONS.
- WHEN IN DOUBT, PLEASE CALL THE SENIOR CENTER. PLEASE CALL BEFORE YOU LEAVE THE HOUSE. CLOSING INFORMATION WILL BE ON THE ANSWERING MACHINE.
- SENIOR CENTER STAFF WILL BE IN THE OFFICE (AS SOON AS WE ARE ABLE).
- TRANSPORTATION SERVICES WILL RUN IF ROAD CONDITIONS ARE DEEMED SAFE.

Knits-n-Wits

ADVANCED BEGINNING CROCHET

JANUARY 13 & 20 FROM 1 TO 3 PM

THIS MONTH WE ARE CROCHETING OVER COTTON CLOTHESLINE WITH YARN TO MAKE A STURDY BUT BEAUTIFUL BASKET. SUPPLIES: A PACKAGE OF 1/4" CLOTHESLINE (YOU CAN BUY IT AT THE HARDWARE STORE), SEVERAL SKEINS OF DISH-CLOTH COTTON (SUCH AS SUGAR & CREAM), SIZE H & I HOOKS, AND A YARN NEEDLE. BE CREATIVE WHEN CHOOSING YOUR COLOR PALATE!

INTERMEDIATE KNITTING

JANUARY 8 & 15 FROM 1 TO 3

THIS MONTH WE ARE KNITTING A SMALL TOTE TO HOLD A PAPERBACK. SUPPLIES: 3 SKEINS OF #4 YARN (ANY COLOR OF YOUR CHOICE) TO BE HELD TOGETHER, SIZE 13 KNITTING NEEDLES, AND A VERY LARGE YARN NEEDLE TO WEAVE IN THE ENDS.

CALL THE SENIOR CENTER AND ASK FOR THE INSTRUCTOR'S PHONE NUMBER IF YOU HAVE QUESTIONS.

COST IS \$15/PERSON PLUS SUPPLIES FOR EITHER CLASS, PAYABLE TO "SUE ACKERMAN" ON THE DAY OF CLASS.

PRE-REGISTRATION IS A MUST! RSVP TO 934-2417 TO RESERVE YOUR SPACE SO THE INSTRUCTOR KNOWS THE QUANTITY OF SUPPLIES TO BRING. CLASSES WITH LESS THAN 2 PARTICIPANTS WILL BE CANCELLED.

RESERVE YOUR SPACE TODAY!