

Extra Good Stuff



Avon residents can borrow donated medical equipment while recuperating from surgery or an injury. Residents need to call the Senior Center to check inventory before coming in to fill out an equipment loan sheet. Please do not drop in to pick up equipment as this can not be accommodated.

FUNDRAISING WITH THE ROCK PILE 900 NAGEL RD. IN AVON



- ✓ Shop at The Rock Pile
- ✓ Tell them you are part of the Avon Senior Center when you check out
- ✓ The Senior Center receives 5% of total purchases!



STARTING JUNE 1 WE WILL BEGIN SUMMER OFFICE HOURS. OUR SUMMER HOURS WILL BE 8:30AM-4:30PM ~ MONDAY-FRIDAY. THE TRANSPORTATION PROGRAM HOURS WILL REMAIN THE SAME.

NEWSLETTER VOLUNTEER SIGN-UPS

Special thanks to our wonderful group of folks who get together for a few hours every other month to fold, seal, and address the newsletter. * If you would like to sign up to be a newsletter volunteer, please call the Senior Center and sign up for every month you would like to volunteer. We can have up to 25 volunteers per month and you may sign up for up to 2 months at a time. *



SNACKS SPONSORED BY BUSCH FUNERAL AND CREMATORY SERVICES EVERY MONTH.



AVON SENIOR CENTER
36786 DETROIT RD.
AVON, OH 44011
(440) 934-2417

JUNE/JULY
2015



BRYAN K. JENSEN, MAYOR
SENIOR CENTER COORDINATOR
Carmelina Barbera, MPA
(440) 934-2417 Office
(440) 934-2421 FAX
carmelina@cityofavon.com

TRANSPORTATION PROGRAM
Eileen Niedbalski, Scheduler
(440) 934-7433 Office
eileen@cityofavon.com

Mike Kerecz, Driver
Ed Mantin, Driver
Nancy Gelston, Driver
Annmarie Nyikes, Driver

FACILITY & MAINTENANCE
Mario Volpe

DESK RECEPTIONIST
Sandy Palmieri
spalmieri@cityofavon.com

HOURS OF OPERATION

M—F: 8 AM—4 PM
Sat.-Sun: by scheduled activity

SUMMER HOURS:
M—F: 8:30 AM — 4:30 PM

TRANSPORTATION PROGRAM:
M—F: 9AM—3 PM

COMMITTEES

Health & Welfare, Andy Monda
Refreshments & Kitchen
Dave & Carol Crudele
Membership, Gail Schenk
Social & Programs
Carmelina Barbera

THE AVON SENIOR CENTER WISHES TO THANK AVON SENIORS INC.

Jim Mutchler, President
Pearl Olearsik, Vice President
Cheryl Courtney, Treasurer
Mary Carpenter, Recording Sec.
Susie Cory, Correspondence Sec.
Don Myers, Past President
Craig Witherspoon, Council Rep
Carmelina Barbera, Mayor's Rep

AVON SENIOR CENTER

36786 DETROIT ROAD

THE SENIOR BUZZ



COORDINATOR'S COMMENTS

GREETINGS AND HAPPY SUMMER! I HOPE EVERYONE ENJOYED OUR ANNUAL SPRING LUNCHEON ON WEDNESDAY, MAY 13 AT WAGNER'S OF WESTLAKE. WE ENJOYED A WONDERFUL MEAL AND WERE HILARIOUSLY ENTERTAINED BY MICHAEL MAGE AND HIS MAGIC/COMEDY SHOW.

OUR SOCIAL COMMITTEE MEMBERS HAVE PLANNED SOME EXCITING AND FUN EVENTS FOR THE SUMMER MONTHS. PLEASE LOOK IN THE NEWSLETTER FOR INFO ON OUR PIZZA PARTY AS WELL AS OUR CHRISTMAS IN JULY PARTY. ADDITIONALLY, WE HAVE AN EDUCATIONAL LUNCH AND LEARN SEMINAR, BONE DENSITY SCREENINGS, AND A PRESENTATION ON DEVELOPING HEALTHY HABITS, TO NAME A FEW.

A FEW IMPORTANT ITEMS: 1) I ENCOURAGE EVERYONE TO ATTEND THE 2015 SENIOR WELLNESS EXPO AT GREAT NORTHERN MALL ON WEDNESDAY, JUNE 10 FROM 9AM-1PM. THEY WILL HAVE BREAKFAST AND BINGO AT 9AM, AND VENDOR TABLES SHOWCASING DIFFERENT PRODUCTS AND SERVICES AVAILABLE FOR OLDER ADULTS, PERSONS WITH DISABILITIES, AND FAMILY CAREGIVERS. 2) THE AVON POLICE DEPARTMENT HAS DESIGNATED ITSELF A "CRAIGSLIST SAFE TRANSACTION ZONE" WHERE BUYERS AND SELLERS LOOKING TO MAKE EXCHANGES CAN MEET FOR A SAFE DEAL. YOU DO NOT HAVE TO BE AN AVON RESIDENT TO TAKE ADVANTAGE OF THIS SERVICE, AND THERE ARE PLENTY OF SURVEILLANCE CAMERAS IN THE PARKING LOT TO ENSURE THE SAFETY OF EVERYONE INVOLVED. 3) THE AMERICAN HEART ASSOCIATION HEART WALK IS SATURDAY, MAY 16. ONCE AGAIN WE ARE SELLING "HEARTS" AT THE SENIOR CENTER. ANY DONATION OF AT LEAST \$3 WILL RECEIVE A FREE CAR WASH VOUCHER COURTESY OF JOE FIRMENT CHEVY. 4) WELCOME NEW DRIVER ANNMARIE NYIKES TO THE TRANSPORTATION PROGRAM! 5) WE ARE SELLING RAFFLE TICKETS TO WIN THE LOGE FOR THE AUGUST 21 LAKE ERIE CRUSHERS GAME. LOOK INSIDE FOR MORE INFO.

LAST BUT NOT LEAST, IN FEBRUARY WE WERE SADDENED BY THE SUDDEN LOSS OF ONE OF OUR DEDICATED AND LONG STANDING VOLUNTEERS, GIZELLA ZELENKA. THE SENIOR CENTER WAS TRULY BLESSED TO HAVE HER AS A VOLUNTEER AS SHE GAVE HER TIME AND RESOURCES TO MANY. TO SAY SHE KNITTED A LOT IS AN EXTREME UNDERSTATEMENT; SHE LOVINGLY DONATED KNITTED LAP BLANKETS FOR PATIENTS RECEIVING CANCER TREATMENTS, BABY HATS FOR MATERNITY WARDS, AND LOTS OF DISH TOWELS AND SCARVES FOR THE REST OF US. GIZ WAS OUTSPOKEN, GENEROUS, KINDHEARTED, SASSY AND CAREFREE. WE ARE ALL SO VERY THANKFUL FOR THE MEMORIES WE HAVE OF HER - SHE WAS LOVED BY EVERYONE AND HER SPIRIT WILL BE TRULY MISSED.

BE WELL. SEE YOU SOON. ☺

Carm

SINCERELY,
CARMELINA BARBERA, COORDINA-

www.cityofavon.com



☀ Meetings of Avon Seniors, Inc. ☀

Avon Seniors, Inc. meetings are scheduled and open to the community;

All are welcome and encouraged to attend.

- ◆ The Advisory Board meetings are the **FIRST WEDNESDAY OF THE MONTH** at 10:00 AM.
- ◆ All Meetings are held at the Avon Senior Center in the Main Hall unless otherwise stated.
- ◆ Any Special Meetings that are scheduled will be publicized a minimum of 24 hours in advance.

FREE LORAIN COUNTY METRO PARK TRIP

MONDAY, JUNE 29

LEAVING THE SENIOR CENTER AT 10 AM—RETURNING AT 3 PM

(LUNCH IS AT YOUR OWN EXPENSE)



COME ALONG ON THIS FREE TRIP AS WE TRAVEL TO SANDY RIDGE RESERVATION IN NORTH RIDGEVILLE TO RIDE THE TRAM AND SEE OVER 300 SPECIES OF BIRDS INCLUDING BALD EAGLES. AFTERWARDS WE'LL TRAVEL TO COLUMBIA RESERVATION TO TOUR THE COLUMBIA BLOCKHOUSE KNOWN AS "FRONTIER MILITARY HEADQUARTERS". LUNCH WILL BE AT THE FOUR KEYS RESTAURANT (AT YOUR OWN EXPENSE).

* THIS TRIP HAS MODERATE WALKING

* PLEASE RSVP BY CALLING 934-2417 NO LATER THAN JUNE 22



CHRISTMAS IN JULY POTLUCK!

WEDNESDAY, JULY 22 2015 ~ 11:30 am

PLEASE BRING A POTLUCK DISH TO SHARE THAT SERVES AT LEAST 8 PEOPLE!

WE WILL BE PLAYING A GAME AFTER LUNCH!

IF YOU WOULD LIKE TO PARTICIPATE IN THE GAME, PLEASE BRING A WRAPPED, "WHITE ELEPHANT" GIFT.

↑ YOU MUST RSVP FOR THIS EVENT BY CALLING 934-2417 NO LATER THAN JULY 15

↑ CHRISTMAS THEMED POTLUCK FOOD IS ENCOURAGED!

↑ DON'T FORGET TO WEAR CHRISTMAS COLORS!



THE BLONDE AND THE LAWYER

A BLONDE AND A LAWYER ARE SEATED NEXT TO EACH OTHER ON A FLIGHT FROM LA TO NY. THE LAWYER ASKS IF SHE WOULD LIKE TO PLAY A FUN GAME? THE BLONDE, TIRED, JUST WANTS TO TAKE A NAP, POLITELY DECLINES AND ROLLS OVER TO THE WINDOW TO CATCH A FEW WINKS. THE LAWYER PERSISTS AND EXPLAINS THAT THE GAME IS EASY AND A LOT OF FUN. HE EXPLAINS, "I ASK YOU A QUESTION, AND IF YOU DON'T KNOW THE ANSWER, YOU PAY ME \$5.00, AND VICE VERSA." AGAIN, SHE DECLINES AND TRIES TO GET SOME SLEEP. THE LAWYER, NOW AGITATED, SAYS, "OKAY, IF YOU DON'T KNOW THE ANSWER YOU PAY ME \$5.00, AND IF I DON'T KNOW THE ANSWER, I WILL PAY YOU \$500.00." THIS CATCHES THE BLONDE'S ATTENTION AND, FIGURING THERE WILL BE NO END TO THIS TORMENT UNLESS SHE PLAYS, AGREES TO THE GAME. THE LAWYER ASKS THE FIRST QUESTION. "WHAT'S THE DISTANCE FROM THE EARTH TO THE MOON?" THE BLONDE DOESN'T SAY A WORD, REACHES INTO HER PURSE, PULLS OUT A \$5.00 BILL AND HANDS IT TO THE LAWYER. "OKAY" SAYS THE LAWYER, "YOUR TURN." SHE ASKS THE LAWYER, "WHAT GOES UP A HILL WITH THREE LEGS AND COMES DOWN WITH FOUR LEGS?" THE LAWYER, PUZZLED, TAKES OUT HIS LAPTOP COMPUTER AND SEARCHES ALL HIS REFERENCES, NO ANSWER. HE TAPS INTO THE AIR PHONE WITH HIS MODEM AND SEARCHES THE NET AND THE LIBRARY OF CONGRESS, NO ANSWER. FRUSTRATED, HE SENDS E-MAILS TO ALL HIS FRIENDS AND COWORKERS, TO NO AVAIL. AFTER AN HOUR, HE WAKES THE BLONDE, AND HANDS HER \$500.00. THE BLONDE SAYS, "THANK YOU," AND TURNS BACK TO GET SOME MORE SLEEP. THE LAWYER, WHO IS MORE THAN A LITTLE MIFFED, WAKES THE BLONDE AND ASKS, "WELL, WHAT'S THE ANSWER?" WITHOUT A WORD, THE BLONDE REACHES INTO HER PURSE, HANDS THE LAWYER \$5.00, AND GOES BACK TO SLEEP. AND YOU THOUGHT BLONDES WERE DUMB.



Knits-n-Wits

THE KNITS-N-WITS GROUP IS TAKING A BREAK FOR THE SUMMER. PLEASE LOOK FOR CLASSES COMING UP IN THE FALL. KEEP YOUR NEEDLES BUSY AND HAVE A GREAT SUMMER FROM SUE ACKERMAN!

HEALTHY HABITS FOR A HEALTHIER YOU TUESDAY, JUNE 23 ~ 1:00 PM

FOR CENTURIES, WE'VE KNOWN THAT THE HEALTH OF THE BRAIN AND THE BODY ARE CONNECTED. BUT NOW, SCIENCE IS ABLE TO PROVIDE INSIGHTS INTO HOW TO OPTIMIZE OUR PHYSICAL AND COGNITIVE HEALTH AS WE AGE. JOIN US TO LEARN ABOUT RESEARCH IN THE AREAS OF DIET AND NUTRITION, EXERCISE, COGNITIVE ACTIVITY AND SOCIAL ENGAGEMENT, AND USE HANDS-ON TOOLS TO HELP YOU INCORPORATE THESE RECOMMENDATIONS INTO A PLAN FOR HEALTHY AGING. YOU MUST RSVP FOR THIS EVENT BY CALLING 934-2417 NO LATER THAN JUNE 16.

KIDNEY HEALTH THURSDAY JUNE 11 ~ 10:00 AM

JOIN US FOR AN INFORMATIVE PRESENTATION THAT WILL PROVIDE EVERYDAY TIPS ON WHAT TO DO AND WHAT TO EAT TO KEEP YOUR KIDNEYS HEALTHY. PRESENTED BY BARBARA BATTISTA, CLINICAL DIETICIAN AT RAE ANN SKILLED NURSING AND REHABILITATION CENTERS. YOU MUST RSVP FOR THIS EVENT BY CALLING 934-2417 NO LATER THAN JUNE 5.



DO YOU LINE DANCE?

JUNE 20 & JULY 11 ~ 7-10PM



COUNTRY AND NON-COUNTRY MUSIC AT LEVELS FROM BEGINNER TO INTERMEDIATE. NEW AND CLASSIC DANCES ARE WELCOME TO THIS "BY REQUEST" OPEN DANCE THAT WILL INCLUDE ONE BEGINNER LEVEL LESSON BY AMY AUGER. BRING YOUR OWN DRINKS AND SNACKS, NO ALCOHOL PERMITTED. COST IS \$5/PERSON. NO RSVP NEEDED. CONTACT AMY AT 440-258-3153 WITH ANY QUESTIONS.

Lunch & Learn

"DON'T BE SCARED... BE PREPARED!"

WEDNESDAY, JUNE 17 ~ 12:00 PM

THE AVON SENIOR CENTER WILL BE HOSTING A LUNCH & LEARN SEMINAR CONDUCTED BY BUSCH FUNERAL HOME AND ATTORNEY DENNIS JACKSON.

FIRST, THE FOLLOWING TOPICS WILL BE COVERED BY ATTORNEY DENNIS JACKSON:

- WILLS AND TRUSTS
- PROBATE COURT AVOIDANCE
- ADVANCED DIRECTIVES
- ASSET PROTECTION AND DISTRIBUTION

NEXT, SKIP SKOLIK AND JOHN SHOOK FROM BUSCH FUNERAL HOME WILL DISCUSS THE BENEFITS OF PRE-PLANNING TO PROTECT THE FAMILY AND REDUCE THE EMOTIONAL BURDENS THAT OCCUR WHEN A LOVED ONE PASSES.

THIS WILL BE AN INTERESTING AND INFORMATIVE EDUCATIONAL EXPERIENCE FOR MANY TO LEARN ABOUT SOME OPTIONS TO "BE PREPARED." MANY PEOPLE ARE UNAWARE OF THE VARIOUS DETAILS AND DECISIONS THAT CAN BE MADE IN ADVANCE SO WHEN THE FAMILY IS "IN CRISIS" WITH A LOSS THE FAMILY CAN FOCUS ON WHAT IS IMPORTANT - BEING TOGETHER AND CELEBRATING THE LIFE THAT WAS - NOT FOCUSING ON THE BUSINESS OF THE EVENT. THERE WILL BE PLENTY OF TIME FOR YOUR QUESTIONS. A LUNCH WILL BE SERVED AS WELL AS DOOR PRIZES. YOU MUST RSVP FOR THIS EVENT BY CALLING 934-2417 NO LATER THAN JUNE 10. SPACE IS LIMITED.

A MATTER OF BALANCE
EMPHASIZING PRACTICAL STRATEGIES TO MANAGE FALLS
 JUNE 4 - JULY 23 ~ THURSDAYS (8 WEEK CLASS)
 9:30 - 11:30 AM

LEARN TO:

- VIEW FALLS AND FEAR OF FALLING AS CONTROLLABLE
- SET REALISTIC GOALS TO INCREASE ACTIVITY
- CHANGE YOUR ENVIRONMENT TO REDUCE FALL RISK FACTORS
- EXERCISE TO INCREASE STRENGTH AND BALANCE

WHO SHOULD ATTEND?

- ANYONE CONCERNED ABOUT FALLS
- ANYONE INTERESTED IN IMPROVING BALANCE, FLEXIBILITY AND STRENGTH
- ANYONE WHO HAS RESTRICTED ACTIVITIES BECAUSE OF FALLING CONCERNS

8 WEEK CLASS - MEETS ONCE A WEEK; NO CHARGE; LIGHT REFRESHMENTS
 TO REGISTER PLEASE CALL THE AVON SENIOR CENTER AT 440-934-2417
 OR EMAIL: PROGRAMS@FAIRHILLPARTNERS.ORG

SIX WEEKS TO BETTER CHOICES: CHRONIC DISEASE SELF-MANAGEMENT (CDSM)
 AUGUST 20 - SEPTEMBER 24 ~ THURSDAYS (6 WEEK CLASS)
 9:00 - 11:30 AM

IF YOU OR SOMEONE YOU KNOW HAS A CHRONIC DISEASE OR LONG LASTING HEALTH CONDITION, JOIN A FREE SIX WEEK COURSE (2 ½ HOUR WEEKLY SESSIONS), SIX WEEKS TO BETTER CHOICES. YOU'LL GET THE SUPPORT YOU NEED, FIND PRACTICAL WAYS TO DEAL WITH PAIN AND FATIGUE, DISCOVER BETTER NUTRITION AND EXERCISE CHOICES, UNDERSTAND NEW TREATMENT CHOICES, AND LEARN BETTER WAYS TO TALK WITH YOUR DOCTOR AND FAMILY ABOUT YOUR HEALTH. CDSM HAS BEEN SHOWN TO IMPROVE HEALTH AND COMMUNICATION WITH THEIR DOCTORS, WHILE REDUCING DISTRESS AND HELPING MANAGE SYMPTOMS LIKE FATIGUE, PAIN, AND DEPRESSION. LEARN FROM TRAINED LEADERS WHO UNDERSTAND FIRSHTHAND WHAT YOU ARE EXPERIENCING. SET YOUR OWN WEEKLY GOALS AND MAKE A STEP-BY-STEP PLAN TO IMPROVE YOUR HEALTH - AND YOUR LIFE.

6 WEEK CLASS - MEETS ONCE A WEEK; NO CHARGE; LIGHT REFRESHMENTS
 TO REGISTER PLEASE CALL THE AVON SENIOR CENTER AT 440-934-2417
 OR EMAIL: PROGRAMS@FAIRHILLPARTNERS.ORG

MOVIE FRIDAY

1:00 PM



JUNE 5 - "BOYHOOD" RATED R (164) AFTER DIVORCING, A MOTHER AND FATHER CONTINUE TO SHARE THE TASK OF GUIDING THEIR YOUNG SON THROUGH YOUTH AND ADOLESCENCE, AND FINALLY TO ADULTHOOD. AS THE YEARS ROLL BY, THE RELATIONSHIPS AMONG THE THREE CHARACTERS CONTINUE TO EVOLVE AS WELL.

JUNE 19 - "MILLION DOLLAR ARM" RATED PG (124 MIN) LOOKING TO SAVE HIS FAILING BUSINESS, SPORTS AGENT J.B. BERNSTEIN LAUNCHES A REALITY SHOW TO FIND INDIA'S BEST CRICKETERS, WITH THE GOAL OF TURNING THEM INTO PROFESSIONAL BASEBALL PLAYERS AND SIGNING THEM TO MAJOR LEAGUE CONTRACTS.

JULY 3 - INDEPENDENCE DAY HOLIDAY - SENIOR CENTER CLOSED

JULY 17 - "THE JUDGE" RATED R (141 MIN) BIG CITY LAWYER HANK PALMER RETURNS TO HIS CHILDHOOD HOME WHERE HIS FATHER, THE TOWN'S JUDGE, IS SUSPECTED OF MURDER. HANK SETS OUT TO DISCOVER THE TRUTH AND, ALONG THE WAY, RECONNECTS WITH HIS ESTRANGED FAMILY. ROBERT DOWNEY, JR., ROBERT DUVALL, BILLY BOB THORNTON.

SPONSORED BY BRADLEY BAY AND THE GARDENS AT WESTLAKE

Coming Attractions

REGULAR EVENTS

1ST & 3RD SATURDAY: COFFEE & DONUTS	9 AM
2ND WEDNESDAY: GENERAL MEETING	10 AM
2ND & 4TH FRIDAYS: ADULT CLINIC	8 AM
1ST & 3RD FRIDAYS: MOVIE FRIDAY	1 PM
MON: PINOCHLE	12:30 PM
TUES: HAND & FOOT	1 PM
WEDS: TOLE PAINTING	10 AM
WEDS: MAHJONG	11:30 AM
WEDS: CARDS	6 PM
THUR: SCRABBLE	1 PM



BINGO
 1:30-2:30 PM
 2ND AND 4TH FRIDAY

SPONSORED ALTERNATELY BY CROSSROADS HOSPICE, THE NORTHRIDGE, AVON OAKS CARING COMMUNITY AND ALWAYS BEST CARE. YOU MUST RSVP FOR THIS EVENT BY CALLING 934-2417 FOR EACH BINGO EVENT.



TAI CHI CLASSES
 9:30 AM ~ Tuesdays

New series begins **May 26 - July 14**. Cost for 8 session series is \$20 per person. Checks payable to **Avon Seniors, Inc.**

BONE DENSITY SCREENINGS
 MONDAY, JUNE 15
 12:30 PM - 2:00 PM

PROVIDED AT THE SENIOR CENTER BY ST. JOHN WEST SHORE COMMUNITY OUTREACH. NO APPOINTMENT NEEDED.



LET'S HAVE A PIZZA PARTY! !

WEDNESDAY, JUNE 24 11:30 AM

JOIN US FOR A FUN LUNCH SOCIAL! YOU CAN SIT OUTSIDE AND ENJOY THE SUMMER BREEZE, SOCIALIZE OVER HOT CHEESY PIZZA, PLAY A CARD GAME, WATCH THE BASEBALL GAME ON OUR HUGE FLATSCREEN TV, OR BRING A GAME TO PLAY WITH YOUR FRIENDS.

COST FOR THIS LUNCH SOCIAL IS \$5/PERSON AND INCLUDES PIZZA, SALAD, BEVERAGES, AND A DESSERT. HURRY! SPACE IS LIMITED!

PLEASE MAKE CHECKS PAYABLE TO **AVON SENIORS, INC.** AND WRITE "PIZZA PARTY" ON THE MEMO LINE. PLEASE MAIL/DROP OFF PAYMENT TO: 36786 DETROIT RD. AVON, OH 44011

- MUST HAVE EXACT CHANGE IF PAYING BY CASH; DESK RECEPTIONIST IS UNABLE TO PROVIDE CHANGE
- DEADLINE FOR RESERVATIONS/CANCELLATIONS IS JUNE 17 UNLESS IT FILLS UP FIRST!
- LUNCH WILL BE SERVED AND AVAILABLE UNTIL 12:30 PM.



GENERAL MEETING INFO

JUNE 10 - 10 AM

- St. John West Shore Community Outreach will be here for blood pressure checks
- We will be celebrating monthly Birthdays!
- After the meeting, we will have Julie Warren from Women in History here to perform her impersonation of "America's Sweetheart of song" Ruth Etting.

JULY 8 - 10 AM

- St. John West Shore Community Outreach will be here for blood pressure checks
- We will be celebrating monthly Birthdays!
- Meeting presentation: TBA

Love & Support



We ask that you keep the following persons in your thoughts.

- | | |
|------------------|---------------------|
| ♥ Marie Mayton | ♥ Richard Viglas |
| ♥ Bill Mayton | ♥ Rosemary Wysocki |
| ♥ Ellie Mental | ♥ Virginia Whitmore |
| ♥ Anita Stockard | ♥ Marlene Loth |

◆ Please let us know if there is a senior you would like to have listed in our Love and Support section.

Trips and Travels

GUIDELINES FOR TRIPS AND ACTIVITIES: NO RESERVATION FORMS NEEDED!

To reserve your trip or reservation please mail/drop off your payment to the Avon Senior Center; Please make checks payable to: "Avon Seniors, Inc." PLEASE NOTE: Checks made out to the Senior Center will not be accepted by the bank and will be returned to you.

YOU MUST USE A SEPARATE CHECK FOR EACH TRIP OR ACTIVITY!

Please specify which trip you are reserving on your check.

Please mail/drop off payment to:
Avon Senior Center; 36786 Detroit R., Avon, OH 44011
**Please have exact change if paying by cash.

Trips open to all seniors.

First come, first served until the bus is filled.

- Avon Seniors, Inc. will include a \$5 service charge for cancellation of a trip less than 30 days before the day of the trip.
- This may be in addition to any fees that are incurred from JKL Tours cancellation policies.

FRIDAY, JUNE 12 THE SUMMER HIGHLIGHTS OF CLEVELAND!

MODERATE WALKING

JOIN US FOR A FUN DAY RIGHT IN OUR OWN BACKYARD! CLEVELAND HAS A LOT OF NEW DEVELOPMENT GOING ON AND IS RE-INVENTING ITSELF TO BECOME A WORLD-CLASS DESTINATION. HERE IS YOUR CHANCE TO ENJOY SOME OF THE SPECIAL SUMMER HIGHLIGHTS THAT MAKE CLEVELAND PROUD. WE'LL START BY TAKING A RIDE ON THE ORIGINAL EUCLID BEACH CAROUSEL, RECENTLY SAVED AND EXCELLENTLY RESTORED - MAKING US FEEL LIKE KIDS AGAIN - AT THE WESTERN RESERVE HISTORICAL SOCIETY, OUR DOCENT LED TOUR WILL INCLUDE THE RIDE AND GIVE US FREE TIME TO EXPLORE THIS WONDERFUL MUSEUM. NEXT WE ARE OFF TO THE HORSESHOE CASINO IN HIGBEE'S ON PUBLIC SQUARE TO ENJOY A BUFFET LUNCH (WE HAVE ARRANGED A SPECIAL ENTRANCE FOR OUR GROUP!) IMAGINE EATING LUNCH ON THE SAME FLOOR WHERE SHOPPERS USED TO TREAT THEMSELVES TO THE HIGBEE BASEMENT LUNCH COUNTER FOR A FROSTY! WE'VE INCLUDED A SPECIAL VISIT TO THE RECENTLY CLEANED WESTSIDE MARKET CELEBRATING ITS 102ND BIRTHDAY. YOU WILL HAVE TIME TO SHOP, GO UP ON THE BALCONY OR JUST TAKE IN THE AMBIANCE OF THE BEEHIVE OF ACTIVITY THAT EVERY MARKET DAY BRINGS. (FEEL FREE TO BRING A COOLER TO PUT UNDER THE BUS TO KEEP ANY PURCHASES FRESH).

WE'LL COMPLETE OUR DAY WITH A DELIGHTFUL AFTERNOON ABOARD THE GOODTIME III DEPARTING FROM THE PIER ON E. 9TH ST. SIT BACK AND ENJOY A RELAXING CRUISE WITH THE SUN ON YOUR FACE AND THE WIND AT YOUR BACK AS WE HAVE A NARRATED TOUR TO LEARN ABOUT THE CUYAHOGA RIVER AND THE SKYLINE OF CLEVELAND. THIS TRIP WILL PRESENT WONDERFUL PICTURE OPPORTUNITIES, SO BRING A CAMERA TO CAPTURE THE MANY VIEWS OF THE SUMMER HIGHLIGHTS OF CLEVELAND. BUS DEPARTS AT 9AM AND RETURNS AROUND 6PM. CALL SOON AS SPACE WILL GO QUICKLY! COST OF TRIP IS \$69/PERSON.

FRIDAY, JULY 10 THE HARTVILLE MARKETPLACE!!

EXTENSIVE WALKING

EXPERIENCE THE EXCITEMENT OF THE HARTVILLE MARKETPLACE COMPLEX CONVENIENTLY LOCATED ON ONE CAMPUS. FOUNDED IN 1939, HARTVILLE MARKETPLACE AND FLEA MARKET HAS EVOLVED INTO A UNIQUE INDOOR MARKET PLACE WITH OVER 100 SPECIALTY SHOPS. OUTSIDE, WE WILL ENJOY ONE OF THE LARGEST OUTDOOR OPEN FLEA MARKETS IN THE STATE OF OHIO, BOASTING ALMOST 800 VENDORS IN JULY! THE INDOOR MARKET FEATURES A FOOD COURT OR YOU CAN TAKE ADVANTAGE OF A FULL SIT DOWN MEAL AT THE HARTVILLE KITCHEN. WITH THE FLEA MARKETS, THE COLLECTIBLES SHOP AND THE HARDWARE STORE, THERE IS SOMETHING FOR EVERYONE ON THIS DAY LONG ADVENTURE. PLUS, BUS GROUPS RECEIVE A GOODY BAG ON ARRIVAL WITH SPECIAL COUPONS AND DISCOUNTS VALID FOR OUR DAY OF SHOPPING. BUS DEPARTS AT 8AM AND RETURNS AROUND 4:30 PM. COST FOR THIS TRIP IS \$36/PERSON (LUNCH IS NOT INCLUDED). DEADLINE FOR RESERVATIONS IS JUNE 10.

THURSDAY, AUGUST 20 "PRIVATE LIVES" AT RABBIT RUN THEATER (EVENING SHOW)

MILD WALKING

OUR FAVORITE SUMMER STOCK THEATRE IS PUTTING ON ONE OF THE MOST SOPHISTICATED AND UNIQUELY HUMOROUS PLAYS EVER WRITTEN BY NOEL COWARD. "GLAMOROUS, RICH, AND RECKLESS, ELYOT AND AMANDA HAVE BEEN DIVORCED FROM EACH OTHER FOR FIVE YEARS. WHILE HONEYMOONING WITH NEW SPOUSES, THE COUPLE HAVE A CHANCE MEETING ACROSS ADJOINING BALCONIES. FORMER PASSIONS BEING REKINDLED, THEY HURL THEMSELVES INTO LOVE AND WAR!" COME JOIN US FOR A WONDERFUL NIGHT OF FUN THEATRE AND PRIOR TO THE SHOW, WE'LL ENJOY A FABULOUS DINNER AT GRAND RIVER CELLARS INCLUDING A PRE-DINNER WINE TASTING AND PRESENTATION! COST FOR THIS TRIP IS \$69/PERSON. DEADLINE FOR RESERVATIONS IS JULY 20.



Trips and Travels (cont'd)

FRIDAY, SEPTEMBER 11 AUTUMN IN AMISH COUNTRY!

MODERATE WALKING

AN ANNUAL FAVORITE, COME ENJOY A START TO FALL AS WE VISIT THE VILLAGE OF SUGARCREEK WITH A BACKROADS TOUR WITH A LOCAL GUIDE. SHE WILL SHARE A UNIQUE PERSPECTIVE ABOUT THE AMISH PEOPLE AND THE WORLD IN WHICH THEY LIVE. SUGARCREEK HOSTS THE WORLD'S LARGEST CUCKOO CLOCK WITH LIFE-SIZE, MOVING COSTUMED FIGURES! WE WILL ENJOY AN AMAZING LUNCH AT THE DUTCH VALLEY INN RESTAURANT (WITH TIME TO SHOP AT THEIR COMPLEX). WE WILL SEE THE SHOPS AND BOUTIQUES OF WALNUT CREEK AND COMPLETE OUR DAY TASTING WINE AT THE PERENNIAL VINEYARD AND WINERY. COST FOR THIS TRIP IS \$65/PERSON. DEADLINE FOR RESERVATIONS IS AUGUST 11.



TUESDAY, OCTOBER 20 COLUMBUS & THE GOVERNOR'S MANSION

MODERATE WALKING

ENJOY A WONDERFUL AUTUMN ADVENTURE AS WE VISIT OHIO'S CAPITAL CITY - COLUMBUS! WE'LL START WITH A UNIQUE TOUR OF THE GOVERNOR'S MANSION - HOME TO OHIO'S FIRST FAMILY. SPECIALLY TRAINED VOLUNTEERS WILL LEAD US ON A ONE HOUR TOUR THROUGH THE PUBLIC ROOMS OF THE RESIDENCE AND THE HERITAGE GARDEN. AFTER THE TOUR, WE'LL SETTLE INTO SCHMIDT'S SAUSAGE HAUS, IN THE HEART OF GERMAN VILLAGE, FOR A BUFFET LUNCH (WITH LIVE ENTERTAINMENT). SCHMIDT'S HAS BEEN WELCOMING GUESTS FOR 5 GENERATIONS OF AUTHENTIC GERMAN HOSPITALITY! AFTER LUNCH OUR LOCAL GUIDE WILL TAKE US ON A TOUR OF BOTH THE GERMAN VILLAGE AND DOWNTOWN COLUMBUS AREAS TO DISCOVER SOME OF THEIR NEIGHBORHOODS, LANDMARK ATTRACTIONS AND WELL-KEPT SECRETS. ON OUR WAY HOME WE'LL TAKE THE SCENIC FALL FOLIAGE ROUTE VIA MT. VERNON TO ENJOY MOTHER NATURE'S HANDIWORK ALONG THE COLORFUL BACK ROADS OF CENTRAL OHIO WITH A STOP AT THE VELVET ICE CREAM FACTORY IN UTICA, OH (ICE CREAM IS INCLUDED!). COST FOR THIS TRIP IS \$69/PERSON. DEADLINE FOR RESERVATIONS IS SEPTEMBER 18.

FRIDAY, NOVEMBER 6 HISTORY & MYSTERY OF GEAUGA COUNTY

MODERATE WALKING

GEAUGA COUNTY HOLDS A NUMBER OF ATTRACTIONS INCLUDING OHIO'S OLDEST GENERAL STORE IN MESOPOTAMIA, THE CHEESE CO-OP, A CHOCOLATE FACTORY AND MORE. WE'LL HAVE LUNCH AT MARY YODER'S AND HEAR THE GHOST STORY AT THE LODGE AT PUNDERSON STATE PARK. COST FOR THIS TRIP IS \$69/PERSON. DEADLINE FOR RESERVATIONS IS OCTOBER 6.

RAFFLE GIVEAWAY!



COME TO THE SENIOR CENTER TO PURCHASE RAFFLE TICKETS TO WIN THE CITY OF AVON LOGE FOR THE FRIDAY, AUGUST 21 LAKE ERIE CRUSHERS GAME AGAINST THE ROCKFORD AVIATORS!

TICKETS ARE \$1 EACH OR 6 FOR \$5.

WINNER WILL BE CHOSEN AT OUR AUGUST 12 GENERAL MEETING. WINNER NEED NOT BE PRESENT TO WIN.

Thank You!

SPECIAL THANKS TO THE FOLLOWING ORGANIZATIONS FOR THEIR RAFFLE DONATIONS

TO THE AVON SENIOR CENTER ANNUAL SPRING LUNCHEON:

HOME INSTEAD SENIOR CARE
O'NEILL BAY VILLAGE
O'NEILL NORTH RIDGEVILLE
HUMANA
COLEONE'S
THE ABBEWOOD
JOE FIRMENT CHEVY
THE NORMANDY