

Extra Good Stuff



Avon residents can borrow donated medical equipment while recuperating from surgery or an injury. Residents need to call the Senior Center to check inventory before coming in to fill out an equipment loan sheet. Dropping in to pick up equipment can not be accommodated.



FUNDRAISING WITH THE ROCK PILE 900 NAGEL RD. IN AVON

- ✓ Shop at The Rock Pile
- ✓ Tell them you are part of the Avon Senior Center when you check out
- ✓ The Senior Center receives 5% of total purchases!

NEWSLETTER VOLUNTEER SIGN-UPS

Special thanks to our wonderful group of folks who get together for a few hours every other month to fold, seal, and address the newsletter. * If you would like to sign up to be a newsletter volunteer, please call the Senior Center and sign up for every month you would like to volunteer. We can have up to 25 volunteers per month and you may sign up for up to 2 months at a time. *



SNACKS SPONSORED BY BUSCH FUNERAL AND CREMATORY SERVICES EVERY MONTH.



OCTOBER/NOVEMBER

2012



JAMES A. SMITH, MAYOR
SENIOR CENTER COORDINATOR
 Carmelina Barbera, MPA
 (440) 934-2417 Office
 (440) 934-2421 FAX
 carmelina@cityofavon.com

TRANSPORTATION PROGRAM
 Eileen Niedbalski, Scheduler
 (440) 934-7433 Office
 eileen@cityofavon.com

John Mikovsky, Driver
 Leonard Calanni, Driver

FACILITY & MAINTENANCE
 Mario Volpe

DESK RECEPTIONIST
 Sandy Palmieri
 spalmieri@cityofavon.com

HOURS OF OPERATION

SENIOR CENTER:
 M—F: 8 AM—4 PM
 Sat.-Sun: by scheduled activity

TRANSPORTATION PROGRAM:
 M—F: 9AM—3 PM

COMMITTEES

Health & Welfare
 Andy Monda
 Refreshments & Kitchen
 Dave & Carol Crudele
 Social & Programs
 Carmelina Barbera

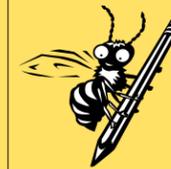
THE AVON SENIOR CENTER WISHES TO THANK AVON SENIORS INC.

Don Myers, President
 Pearl Olearsik, Vice President
 Mary Carpenter, Recording Sec.
 Susie Cory, Correspondence Sec.
 Sue Myers, Treasurer
 Gail Schenk, Membership
 Bob Fedor, Past President
 Craig Witherspoon, Council Rep

AVON SENIOR CENTER

36786 DETROIT ROAD

THE SENIOR BUZZ



COORDINATOR'S COMMENTS

WE HAVE SOME FANTASTIC EVENTS LINED UP FOR THE FALL. SEATING IS STILL AVAILABLE FOR MANY OF OUR TRIPS, INCLUDING A TRIP TO CHAUTAUQUA, AN OHIO WINE TOUR, AND OUR HOLIDAY CONCERT TRIPS. PLEASE HANG ONTO THIS **DOUBLE IS-SUE** OF THE SENIOR BUZZ UNTIL DECEMBER.

WE HAVE SOME FANTASTIC EVENTS LINED UP FOR THE FALL. PLEASE LOOK INSIDE THE NEWSLETTER FOR INFORMATION ON WHERE TO GET YOUR ANNUAL FLU SHOT, MEMORY SCREENINGS, AND A MEDICARE UPDATE SEMINAR. PLEASE SEE THE CALENDAR INSERT FOR SLIGHT SCHEDULE CHANGES IN OUR CLINIC DAY FOR NOVEMBER DUE TO THE THANKSGIVING HOLIDAY.

IT'S ALSO THAT TIME OF YEAR TO RENEW YOUR MEMBERSHIP. A FORM IS INCLUDED IN THIS NEWSLETTER FOR 2013 MEMBERSHIP. MEMBERSHIP IS STILL \$5/PERSON AND ALLOWS AVON SENIORS, INC. TO CONTINUE SUPPORTING ACTIVITIES AND EVENTS AT THE SENIOR CENTER. MEMBERSHIP ALSO ENTITLES YOU TO SPECIAL PRICING VS. NON-MEMBERS, AS WELL AS ALLOWS ACCESS TO SEVERAL "MEMBERS ONLY" EVENTS. PLEASE FILL OUT THE MEMBERSHIP FORM ENCLOSED IN THIS NEWSLETTER AND SUBMIT IT WITH YOUR PAYMENT.

SOME OTHER THINGS WE'RE OFFERING OVER THE NEXT FEW MONTHS ARE A PERIPHERAL NEUROPATHY SEMINAR, MEDICATION COMPLIANCE, OUR ANNUAL HALLOWEEN CLAMBAKE, FAMILY EDUCATION WORKSHOPS, AND MUCH MORE. PLEASE NOTE THAT OUR SILVER SNEAKERS CLASS WILL NOW BE OFFERED ON FRIDAYS ONLY, UNTIL FURTHER NOTICE. I WILL CONTINUE LOOKING FOR AN INSTRUCTOR TO TEACH THE CLASS ON ANOTHER DAY IN THE MEANTIME. WE APPRECIATE AND SUPPORT CHRIS LOY AND HER DEDICATION TO OUR CLASS! ☺

A FEW CHANGES OCCURRING IN 2013: FIRST, ALL OF OUR NEWSLETTERS WILL NOW BE BI-MONTHLY (EVERY TWO MONTHS). WE HAVE BEEN TRYING IT OUT FOR A LITTLE WHILE AND IT SEEMS TO WORK VERY WELL, AND SAVES ON PRINTING EXPENSES. ADDITIONALLY, BEGINNING IN FEBRUARY, 2013, WE WILL NO LONGER BE MAILING OUT THE NEWSLETTER. WE WILL STILL PRINT THE NEWSLETTER, POST IT ON THE WWW.CITYOFAVON.COM WEBSITE, AND HAVE COPIES AVAILABLE FOR PICK UP AT VARIOUS LOCATIONS (I.E. AVON LIBRARY, CITY HALL). THIS IS A SIGNIFICANT COST SAVINGS FOR THE SENIOR CENTER AND ALLOWS FOLKS TO PICK UP A COPY FOR THEMSELVES AND/OR A FRIEND OR TWO WHEN THEY ARE IN THE BUILDING. IF YOU ARE HOMEBOUND BUT WOULD STILL LIKE TO RECEIVE THE NEWSLETTER, PLEASE CALL ME TO DISCUSS OPTIONS.

STAY DRY. BE WELL. BE KIND. SEE YOU SOON!

SINCERELY,

CARMELINA

www.cityofavon.com



AVON SENIOR CENTER
 36786 DETROIT RD.
 AVON, OH 44011
 (440) 934-2417

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☀ Meetings of Avon Seniors, Inc. ☀

Avon Seniors, Inc. meetings are scheduled and open to the community;
All are welcome and encouraged to attend.

- ◆ The Executive/Advisory Board meetings are the **FIRST WEDNESDAY OF THE MONTH** at 10:00 AM.
- ◆ All Meetings are held at the Avon Senior Center in the Main Hall unless otherwise stated.
- ◆ Any Special Meetings that are scheduled will be publicized a minimum of 24 hours in advance.



SOUP, SANDWICH, AND BINGO! THURSDAY, NOVEMBER 8TH ~ 11:00 AM

COME JOIN US FOR A FUN AFTERNOON OF LUNCH AND BINGO!
 NOVOTNY CATERING IS PROVIDING US WITH A WONDERFUL MENU:



CHICKEN NOODLE SOUP
 CHOICE OF: CHICKEN SALAD ON A CROISSANT **OR** ROAST BEEF WITH CHEESE ON A CROISSANT
 CHIPS, DESSERT & BEVERAGE

COST FOR LUNCH WILL BE \$7.00/PERSON (\$10.00 FOR NON-MEMBERS)

****Desk volunteers are unable to make change.**

LIMITED SEATING! DEADLINE FOR RESERVATIONS IS NOVEMBER 1ST UNLESS IT FILLS UP FIRST!

WE WILL PLAY BINGO AFTER LUNCH WITH GREAT PRIZES!

* IF YOU BRING ONE NON-PERISHABLE, UNOPENED, UNEXPIRED FOOD ITEM FOR OUR FOOD DONATION PROGRAM, YOU WILL RECEIVE ONE ADDITIONAL BINGO CARD! LIMIT ONE EXTRA CARD PER PERSON.

PLEASE MAKE CHECKS PAYABLE TO "AVON SENIORS, INC." AND MAIL/DROP OFF AT THE AVON SENIOR CENTER.

PLEASE INCLUDE YOUR SANDWICH CHOICE WHEN MAKING YOUR RESERVATION.

SOME HUMOR TO SURVIVE BY...

IT WAS DINNERTIME AT THE ASSISTED LIVING CENTER. A MAN AND WOMAN, BOTH WIDOWED, HAD KNOWN EACH OTHER FOR A NUMBER OF YEARS. THE TWO WERE AT THE SAME TABLE, SEATED ACROSS FROM ONE ANOTHER. AS THE MEAL PROGRESSED, HE TOOK A FEW ADMIRING GLANCES AT HER AND FINALLY GATHERED THE COURAGE TO ASK, "WILL YOU MARRY ME?" AFTER ABOUT SIX SECONDS OF CAREFUL CONSIDERATION, SHE ANSWERED, "YES, YES I WILL."

THE MEAL ENDED AND WITH A FEW MORE PLEASANT EXCHANGES, THEY WENT TO THEIR RESPECTIVE APARTMENTS. THE NEXT MORNING, HE WAS TROUBLED. DID SHE SAY "YES" OR DID SHE SAY "NO?" HE COULDN'T REMEMBER. TRY AS HE MIGHT, HE JUST COULD NOT RECALL HER ANSWER. WITH TREPIDATION, HE PICKED UP THE PHONE AND CALLED HER. FIRST HE EXPLAINED THAT HE COULD NOT REMEMBER THINGS THE WAY HE USED TO. THEN HE REVIEWED THEIR LOVELY EVENING TOGETHER. AS HE GAINED A LITTLE MORE COURAGE, HE INQUIRED, "WHEN I ASKED YOU IF YOU WOULD MARRY ME, DID YOU SAY YES OR DID YOU SAY NO?" HE WAS DELIGHTED TO HEAR HER SAY "WHY I SAID YES, YES I WILL, AND I MEANT IT WITH ALL MY HEART." THEN SHE CONTINUED, "AND I'M SO GLAD YOU CALLED, BECAUSE I COULDN'T REMEMBER WHO ASKED ME."

A MAN AND HIS WIFE WALKED INTO A DENTIST'S OFFICE. THE MAN SAID TO THE DENTIST, "DOC, I'M IN ONE HECK OF A HURRY. I HAVE TWO BUDDIES SITTING OUT IN MY CAR WAITING FOR US TO GO PLAY GOLF. FORGET ABOUT THE ANESTHETIC. I DON'T HAVE TIME FOR THE GUMS TO GET NUMB. I JUST WANT YOU TO PULL THE TOOTH AND BE DONE WITH IT. WE HAVE A 10AM TEE TIME AT THE BEST GOLF COURSE IN TOWN AND IT'S 9:30 ALREADY. I DON'T HAVE TIME FOR THE ANESTHETIC TO WORK." THE DENTIST THOUGHT TO HIMSELF "MY GOODNESS, THIS IS SURELY A BRAVE MAN ASKING TO HAVE HIS TOOTH PULLED WITHOUT USING ANYTHING TO KILL THE PAIN." SO THE DENTIST ASKS HIM, "WHICH TOOTH IS IT?" THE MAN TURNED TO HIS WIFE AND SAID "OPEN UP YOUR MOUTH, HONEY, AND SHOW HIM."

Knits-n-Wits

ADVANCED BEGINNING CROCHET AT THE SENIOR CENTER

OCTOBER 9 & 16 FROM 1 TO 3 PM

FOR OCTOBER WE ARE CROCHETING A CHILD'S HAT TO LEARN THE WAVE STITCH. SUPPLIES: 3 COLORS OF WORSTED WEIGHT YARN, A CROCHET HOOK IN SIZE I, AND A YARN NEEDLE. THE HAT IS TO FIT A HEAD SIZE ABOUT 18 TO 20 INCHES IN CIRCUMFERENCE. IF THERE IS NO MORE THAN ONE PERSON SIGNED UP AT THE TIME OF THE CLASS, I WILL BE CANCELING THE CLASS. I NEED 2 PEOPLE IN THE CLASS TO MAKE IT WORTH MY TIME TO HOLD THE CLASS, SORRY.

NOVEMBER 13 & 20 FROM 1 TO 3 PM

THIS MONTH WE ARE MAKING A GREAT, EASY POTHOLDER THAT WOULD MAKE A GREAT GIFT. SUPPLIES: 2 SKEINS OF DIFFERENT COLORED YARN, (YOU CAN USE COTTON YARN), A SIZE H CROCHET HOOK AND A YARN NEEDLE.

INTERMEDIATE KNITTING

OCTOBER 11 & 18 FROM 1 TO 3 PM

WOMEN'S CARDIGAN CONTINUED --- SLEEVES: NOW IT'S OCTOBER AND OUR SWEATER NEEDS SLEEVES. YOU CAN STILL JOIN THE CLASS IF YOU ARE NEW. SUPPLIES: A #5 YARN (SUCH AS JIFFY), A SIZE 9 KNITTING NEEDLE, STITCH HOLDERS, A YARN NEEDLE AND A 1.5" BUTTON. IF YOU ARE STARTING NOW ASK THE SENIOR CENTER FOR THE INSTRUCTORS PHONE NUMBER FOR INSTRUCTIONS.

NOVEMBER 8 & 15 FROM 1 TO 3 PM

ASSEMBLY OF THE WOMEN'S CARDIGAN: OUR SWEATER IS ALMOST FINISHED—NOW WE NEED TO ASSEMBLE IT. SUPPLIES: THE LAST OF YOUR #5 YARN, A 29" SIZE 9 CIRCULAR KNITTING NEEDLE, A YARN NEEDLE, A MEDIUM SIZE CROCHET HOOK IS HELPFUL, STITCH HOLDERS, AND THE 1.5" BUTTON. BRING YOUR PATTERN AND WE WILL FINISH UP OUR SWEATERS AND TAKE PICTURES OF THEM FOR THE NEWSLETTER.

CALL THE SENIOR CENTER AND ASK FOR THE INSTRUCTOR'S PHONE NUMBER IF YOU HAVE QUESTIONS.

COST IS \$15/PERSON PLUS SUPPLIES FOR EITHER CLASS, PAYABLE TO "SUE ACKERMAN" ON THE DAY OF CLASS.

PREREGISTRATION IS A MUST! RSVP TO 934-2417 TO RESERVE YOUR SPACE SO THE INSTRUCTOR KNOWS THE QUANTITY OF SUPPLIES TO BRING. **CLASSES WITH LESS THAN 2 PARTICIPANTS WILL BE CANCELLED.** RESERVE YOUR SPACE TODAY!

NO CLASSES IN DECEMBER!



TAI CHI CLASSES

1:00 PM ~ Tuesdays

New series begins **November 13—January 15** (no class Dec. 25 and Jan 1). Cost for 8 session series is \$20 per person (flat fee). Checks payable to **Avon Seniors, Inc.**, and mail/drop off at the Avon Senior Center.



AVON SENIORS, INC. MEMBERSHIP DUES FORM Dues for January 1 to December 31, 2013 (\$5.00 per person)

DATE _____

NAME(S) _____

ADDRESS _____ CITY _____ ZIP _____

PHONE _____

Please check here if you have moved and are providing us with your new address or new phone number _____

NEW MEMBER(S) _____ PRESENT MEMBER(S) _____ Amount Paid _____ Check _____ Cash _____

THIS MEMBERSHIP FORM MUST ACCOMPANY PAYMENT

Please make check payable to: Avon Seniors, Inc.

Mail/Drop off dues to: Avon Senior Center; 36786 Detroit Rd., Avon, OH 44011



FAMILY EDUCATION WORKSHOPS
SPONSORED BY HOME INSTEAD SENIOR CARE
ALZHEIMER'S DISEASE OR OTHER DEMENTIAS
TUESDAY, NOVEMBER 13 ~ 6:30 PM



THIS WORKSHOP WILL HELP YOU: LEARN ABOUT THE CAUSES OF ALZHEIMER'S DISEASE OR OTHER DEMENTIAS, RECOGNIZE THE SYMPTOMS OF ALZHEIMER'S DISEASE OR OTHER DEMENTIAS, DISCOVER HOW ALZHEIMER'S DISEASE AND OTHER DEMENTIAS ARE DIAGNOSED. UNDERSTAND MORE ABOUT THE BEHAVIORS THAT CAN BE CAUSED BY THE SYMPTOMS OF ALZHEIMER'S DISEASE AND OTHER DEMENTIAS.

TECHNIQUES TO HANDLE CHALLENGING BEHAVIORS
TUESDAY, DECEMBER 11 ~ 6:30 PM

THIS WORKSHOP WILL HELP YOU: LEARN MORE ABOUT THE CHALLENGING BEHAVIORS THAT MAY BE DISPLAYED BY THOSE WITH ALZHEIMER'S OR OTHER DEMENTIAS. DISCOVER TECHNIQUES TO HELP HANDLE THESE BEHAVIORS. DETERMINE WHAT TECHNIQUES WORK BEST TO MANAGE DIFFERENT TYPES OF BEHAVIORS.

RSVP FOR THESE WORKSHOPS BY CALLING 934-2417
NO LATER THAN ONE WEEK PRIOR TO EACH WORKSHOP.

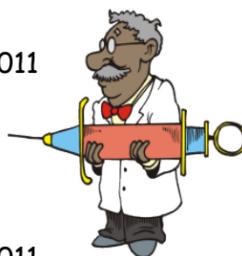
2012 LORAIN COUNTY GENERAL HEALTH DISTRICT
FLU CLINIC SCHEDULE

TUESDAY, OCTOBER 2, 2012 FROM 4:00 PM - 8:00 PM AT:

- ♦ AVON HERITAGE NORTH ELEMENTARY SCHOOL: 35575 DETROIT RD., AVON, OH 44011
- ♦ FIRELANDS ELEMENTARY SCHOOL: 10779 VERMILION RD., OBERLIN, OH 44074
- ♦ SHEFFIELD MIDDLE SCHOOL: 1919 HARRIS RD., SHEFFIELD, OH 44054
- ♦ ST. VINCENT DE PAUL CHURCH: 41295 N. RIDGE RD., ELYRIA, OH 44035

SATURDAY, NOVEMBER 3, 2012 FROM 9:00 AM - 2:00 PM AT:

- ♦ AVON HERITAGE NORTH ELEMENTARY SCHOOL: 35575 DETROIT RD., AVON, OH 44011
- ♦ LORAIN COUNTY JVS: 15181 STATE ROUTE 58, OBERLIN, OH 44074



MOVIE FRIDAY

1:00 PM



OCTOBER 5 - "CHARLIE ST. CLOUD"; RATED PG-13 (99 MIN.) Ben Sherwood's intriguing novel is the basis of this ghost story about Charlie (Zac Efron), who is devoted to his brother, Sam, even after Sam's death. As the caretaker of the cemetery where Sam is buried, Charlie has lots of time to commune with the dead. Sam visits frequently to hang out with Charlie, but when Charlie meets a mysterious young woman (Amanda Crew), he must decide whether to move forward or remain trapped in the past.

OCTOBER 19 - "MY WEEK WITH MARILYN"; RATED R (99 MIN.) While filming a movie in England, Hollywood icon Marilyn Monroe slips away with a young Brit for a week of self-discovery and frivolity. The story that ensues is based on the real-life memoirs of Colin Clark, once assistant to Sir Laurence Olivier.

NOVEMBER 2 - "A THOUSAND WORDS"; RATED PG-13 (91 MIN.) When he learns that his karma will permit him to speak just a thousand more words before he dies, fast-talking agent Jack (Eddie Murphy) must make every syllable count to make peace with his wife, Caroline (Kerry Washington), and his celebrity author client, Dr. Sinja (Cliff Curtis). But can the man notorious for his idle flattery truly change his ways? Brian Robbins directs this comedy that co-stars Allison Janney, Ariel Winter and Clark Duke.

NOVEMBER 16 - "THE IRON LADY"; RATED PG-13 (105 MIN.) Meryl Streep provides a subtle and nuanced portrait of Margaret Thatcher, the first female prime minister of Britain, whose political career and determination changed the rules that had limited women's opportunities for leadership.

MOVIE FRIDAY SPONSORED BY EMH

Hot Happenings

REGULAR EVENTS

1st & 3rd Saturday: Coffee & Donuts	9 AM
2nd Wednesday: General Meeting	10 AM
2nd & 4th Fridays: Adult Clinic	8 AM
1st & 3rd Fridays: Movie Friday	1 PM
Mon: Practice Tai Chi.	10 AM
Mon: Pinochle	1 PM
Mon: Beginner Art Class	2 PM
Cost is \$35 for 5 sessions plus supplies	
Fri: Silver Sneakers	10:30 AM
Tues: Hand & Foot	1 PM
Weds: Beg & Adv Tole Painting	10 AM
Cost is \$10 per class.	
Weds. Mahjong	12 PM
Weds. Cards	7 PM
Thur. Scrabble	1 PM



WEDNESDAY, OCTOBER 24TH
12:00 NOON
SIGN-UPS BEGIN OCTOBER 1ST
AT 9:00 AM



MYSTERY LUNCH!

No charge, just **RSVP** no later than October 17th to 934-2417 unless it fills up first. Seating is limited!

Coordinated by Dave & Carole Crudele.

- THIS LUNCH IS FOR MEMBERS OF THE AVON SENIOR CENTER. IF YOU HAVE NOT PAID YOUR ANNUAL DUES YOU ARE NOT ELIGIBLE FOR THIS EVENT.
- LUNCH WILL BE AVAILABLE UNTIL 12:30.
- PLEASE CALL IF YOU ARE UNABLE TO ATTEND SO WE CAN FILL YOUR SPOT WITH SOMEONE ON THE WAITING LIST.
- SENDING SOMEONE IN YOUR PLACE IS NOT PERMITTED.
- RSVP CALLS MADE BEFORE THE SIGN-UP TIME WILL NOT BE COUNTED.
- CARRY-OUT CONTAINERS ARE NOT PERMITTED.
- YOU MAY RSVP FOR YOURSELF + 1 OTHER PERSON.

MEDICARE AND YOU

THURSDAY, NOVEMBER 1 ~ 10 AM



WHAT CHANGES ARE SET FOR 2013? FIND OUT ABOUT DEDUCTIBLES, PREMIUMS, PLAN CHANGES, NEW POLICIES AND SAVINGS FOR YOUR BENEFITS. LORETTA SERRANO, MEDICARE BENEFITS CONSULTANT FROM WELLCARE WILL PRESENT AN ANNUAL UPDATE TO HELP YOU MAKE THE BEST CHOICES FOR YOUR PLAN. REFRESHMENTS SERVED. YOU MUST RSVP FOR THIS EVENT BY CALLING 440-934-2417 NO LATER THAN OCTOBER 29TH.

MEMORY SCREENINGS

THURSDAY, NOVEMBER 15 ~ 9-11:30AM



NOVEMBER IS NATIONAL ALZHEIMER'S AWARENESS MONTH. CURRENTLY 50% OF PEOPLE OVER THE AGE OF 85 WILL BE DIAGNOSED WITH DEMENTIA. KEMPER HOUSE WILL BE AT THE SENIOR CENTER TO OFFER FREE AND CONFIDENTIAL MEMORY SCREENINGS. EACH SCREENING TAKES APPROXIMATELY 10 MINUTES. THE SCREENING IS NOT TO DIAGNOSE ANYONE WITH ALZHEIMER'S DISEASE BUT IS USED AS A TOOL TO SCREEN FOR ANY MEMORY CONCERNS SOMEONE MAY HAVE. PARTICIPANTS WILL ALSO GET A COPY OF THEIR SCORE/TEST TO TAKE HOME. WALK-INS WELCOME BUT APPOINTMENTS ARE ENCOURAGED TO ENSURE A SCREENING. PLEASE CALL 934-2417 TO SCHEDULE YOUR 10-MINUTE APPOINTMENT.

BINGO

1:00-2:00 PM ~ 4TH FRIDAY

Sponsored entirely by The Northridge. You must RSVP for this event by calling 934-2417 no later than one week before each Bingo event.



Love & Support

We ask that you keep the following persons in your thoughts.

- | | |
|----------------|--------------------|
| ♥ Agnes Mangan | ♥ Ellie Mental |
| ♥ Ann Songer | ♥ Richard Viglas |
| ♥ Jean Smock | ♥ Rosemary Wysocki |
| ♥ Marie Mayton | ♥ Ron Schenk |

* Please let us know if there is a senior you would like to have listed in our Love and Support section.

GENERAL MEETING INFO
OCTOBER 10 - 10 AM

- St. John West Shore Community Outreach will be here for blood pressure checks
- We will be celebrating monthly Birthdays!
- After a short meeting, we will have the new Avon Superintendent of Schools here for a short meet and greet. Additionally, we will also have a presentation from Tom Forhan, who will tell us about all the services provided by Murray Ridge, as well as answer all your questions.

GENERAL MEETING INFO
NOVEMBER 14 - 10 AM

- St. John West Shore Community Outreach will be here for blood pressure checks
- We will be celebrating monthly Birthdays!
- After the meeting, Home Instead will be here to present us with a "Senior Emergency Kit"

Please join us!

Trips and Travels

GUIDELINES FOR TRIPS:

NO RESERVATION FORMS NEEDED!

To reserve your trip please mail/drop off your payment to the Avon Senior Center; Please make checks payable to: "Avon Seniors, Inc." PLEASE NOTE: Checks made out to the Senior Center will not be accepted by the bank and will be returned to you.

Please specify which trip you are reserving on your check.

Please mail/drop off payment to:

Avon Senior Center; 36786 Detroit R., Avon, OH 44011

****Please have exact change if paying by cash.**

Trips open to all seniors.

First come, first served until the bus is filled.

YOU MUST USE A SEPARATE CHECK FOR EACH TRIP!

- Avon Seniors, Inc. will include a \$5 service charge for cancellation of a trip less than 30 days before the day of the trip.
- This may be in addition to any fees that are incurred from JKL Tours cancellation policies.

FRIDAY, OCTOBER 5 - 7:00 AM. TO 7:00 PM. - THE FALL COLORS OF CHAUTAUQUA COUNTY

WE'LL TOUR THE CHAUTAUQUA INSTITUTE WITH LUNCH AT THE HISTORIC ANTHANEUM HOTEL OVERLOOKING THE BEAUTIFUL LAKEFRONT VIEW. WE'LL STOP AT THE LARGEST MUM FARM IN PA, AND A WINE TASTING STOP. THE TASTINGS ARE COMPLIMENTARY, BUT THEY'LL CHECK YOUR ID TO MAKE SURE YOU'RE OLD ENOUGH!. **TRIP PRICE IS \$79/PERSON.**

FRIDAY, OCTOBER 26 - 10:00 AM. TO 7:00 PM. - VINTAGE WINE TOUR OF OHIO'S CANAL COUNTRY

WE'LL TASTE WINE IN AN 1840 POST-AND-BEAM BARN AT SARAH'S WINERY WITH LUNCH AND TASTINGS IN A 150 YEAR OLD RESTORED BARN AT THE MAIZE VALLEY WINERY OF HARTVILLE. WE'LL SIP WINE AT THE RED HORSE WINERY OF BARBERTON AND THE WINERY AT WOLF CREEK. **TRIP PRICE IS \$65/PERSON.**



SUNDAY, NOVEMBER 25 - 1:00 PM TO 7:00 PM. - A VERY MERRY POPS CHRISTMAS CONCERT

THE CLEVELAND POPS ORCHESTRA CONCERT, WITH POST-SHOW, PLATED DINNER AT THE WYNDHAM HOTEL BALLROOM. **TRIP PRICE IS \$75/PERSON.** INITIAL DEADLINE IS OCTOBER 26, 2012.

WEDNESDAY, DECEMBER 5 - 7:30 AM TO 6:00 PM. - A RIVERSIDE CHRISTMAS

A DELIGHTFUL CHRISTMAS LUNCHEON AND MATINEE IN CAMBRIDGE SPRINGS, PA., WITH A STOP AT CAMPBELL POTTERY. **TRIP PRICE IS \$75/PERSON.** INITIAL DEADLINE IS NOVEMBER 5, 2012.



THIS CONCLUDES OUR TRIP PROGRAM FOR 2012. THANK YOU FOR YOUR PARTICIPATION. PLEASE CHECK NEXT MONTH'S NEWSLETTER FOR A PREVIEW OF WHAT'S COMING UP IN OUR 2013 TRIPS!

DO YOU LINE DANCE?

7PM—10 PM OCTOBER 20TH & NOVEMBER 17TH

Dancing will be done to country and non-country music at levels from beginner to intermediate. New and classic dances are welcome to this "By Request" Open Dance that will include one beginner level lesson by Amy Auger. Bring your own drinks and snacks, no alcohol permitted. Cost is \$5 per person. No RSVP needed. Contact Amy at 440-258-3153 with any questions.



HALLOWEEN CLAMBAKE BOO-BASH!

TUESDAY, OCTOBER 30TH ~ 5:00 PM ~

ENJOY A WONDERFUL FEAST OF CLAMS FROM THE STEAMING CALDRON OF SMITH'S CATERING—IF YOU DARE!!!

HALLOWEEN COSTUMES ENCOURAGED! PRIZES FOR BEST COSTUME!

YOUR FRIGHTFULLY GOOD MENU INCLUDES THE FOLLOWING:

1 DOZEN CLAMS (YOU MAY PRE-ORDER A STEAK IF CLAMS ARE NOT YOUR THING)

CLAM BROTH, CLAM CHOWDER, ONE-QUARTER CHICKEN, POTATO MEDLEY, CORN ON THE COB, ROLLS AND BUTTER, MELTED BUTTER, DESSERT AND BEVERAGES

ENTERTAINMENT PROVIDED BY GENE BRADEN

COST FOR THE EVENING IS \$15.00/PERSON (\$20 FOR NON-MEMBERS)

- ☠ ADDITIONAL CLAMS MAY BE PURCHASED FOR \$10.00
- ☠ STEAK ENTREES MUST BE REQUESTED IN ADVANCE, OTHERWISE YOU WILL BE SERVED A CLAM DINNER
- ☠ ALL STEAK ENTREES ARE PREPARED "MEDIUM"
- ☠ SPECIFIC CHICKEN SELECTIONS ARE NOT AVAILABLE
- ☠ DUE TO THE LARGE QUANTITY OF FOOD, PLEASE BRING YOUR OWN CONTAINER FOR LEFTOVERS
- ☠ DINNER ORDERS ARE FOR EAT-IN ONLY; NO TAKE OUT ORDERS ACCEPTED.
- ☠ DINNER WILL BE SERVED AND AVAILABLE UNTIL 6:30.
- ☠ PLEASE MAKE CHECKS PAYABLE TO AVON SENIORS, INC.

☠ PLEASE HAVE EXACT CHANGE IF PAYING BY CASH—FRONT DESK IS NOT EQUIPPED TO MAKE CHANGE.

☠ DEADLINE FOR RESERVATIONS IS OCTOBER 22ND UNLESS IT FILLS UP FIRST! SEATING IS LIMITED. HURRY!

COSTUME PRIZES SPONSORED BY ST. MARY OF THE WOODS



"If you obey all the rules you miss all the fun." — Katharine Hepburn

AVON SENIOR CENTER ANNUAL HOLIDAY PARTY

WEDNESDAY, DECEMBER 12, 2012

TOM'S COUNTRY PLACE; 3442 STONEY RIDGE RD. IN AVON;
11:30 AM—2:00 PM.

(DOORS OPEN AT 11:00 AM)

BUFFET MENU:

BONELESS PORK LOIN WITH ROBERT SAUCE (ON THE SIDE)

OVEN ROASTED EYE OF ROUND

MASHED POTATOES & GRAVY

GLAZED CARROTS

GARDEN SALAD WITH SPRING GREENS AND HOUSE DRESSING

ROLLS AND BUTTER, DESSERT & BEVERAGE

ENTERTAINMENT BY JOHN KOWALSKI

COST IS \$20.00 PER PERSON

NO FORM NECESSARY!

PLEASE MAKE CHECKS PAYABLE TO AVON SENIORS, INC. AND WRITE "HOLIDAY PARTY" ON THE MEMO LINE.

PLEASE MAIL/DROP OFF PAYMENT TO:

AVON SENIOR CENTER, 36786 DETROIT RD. AVON, OH 44011

• PLEASE HAVE EXACT CHANGE IF PAYING BY CASH.

• **DEADLINE FOR RESERVATIONS OR REFUNDS IS DECEMBER 2ND!**

